Dear Parents and Friends,

Please Keep Saturday 29th August Free in your social calendar
Upgrade to the Hall facilities
Parents’ Club fundraising event - Back To The 80’s

NATIONALLY CONSISTENT COLLECTION OF DATA ON SCHOOL STUDENTS WITH DISABILITY ‘COLLECTION NOTICE’

All schools in Australia, including Independent and Catholic schools, will participate in the Nationally Consistent Collection of Data on School Students with Disability this year. The Data Collection is an annual count of the number of students with disability receiving educational adjustments to support their participation in education on the same basis as students without disability.

All education agencies are now required under the Australian Education Regulation 2013 to provide information on a student’s level of education, disability and level of adjustment to the Australian Government Department of Education and Training.* Data will continue to be de-identified prior to its transfer to the Australian Government Department of Education and Training. No student’s identity will be provided to the Australian Government Department of Education and Training. The collection of this information from states and territories will inform future policy and program planning in relation to students with disability. If you have any questions, please do not hesitate to contact Mrs Barbara Buckell on 58512 100 or the Victorian Department of Education and Training Data Collection Hotline on (03) 9651 3621. For questions after 7 August 2015, please call the Australian Government Department of Education and Training on 1300 566 046.

* For more information on Schedule 3—Amendments for the collection of data on students who are persons with a disability Australian Education Regulation 2013 see: http://www.comlaw.gov.au/Details/F2014L01723/Html/Text#_Toc404934419

Respect    Responsibility   Resilience   Doing Your Best   Community
CHAPLAINCY DINNER (PUT THIS DATE IN YOUR DIARY)
The Annual Chaplaincy Fundraising Dinner will be held on Friday 14th August in the Bocce Club at 7:00pm. The Guest Speaker is Tegan Philips-Caldwell who is a netballer for the Melbourne Vixens and Australia. Please put this date in your diary. More information will be in the next edition of Channels.

SPORTS UNIFORM
It has been decided by College Council that Bennett’s Independent Sports will be supplying the sports polo part of the uniform. Tomorrow there will be an order form sent home for you to have the opportunity to pre-order a polo shirt. This will assist the suppliers in ordering the number of garments to order, so please look out for this order form. This polo top will be for students to wear in Physical Education classes and when competing for the school at sporting events. This garment will not be replacing the school polo and is only for sport events and classes. Orders will need to be in by the date set to assist Suzie and Rohan with their orders. This will be a great addition to the school uniform.

FAREWELL FOR NOW
I would like to take this opportunity to say farewell for the remainder of 2015 and wish everyone the very best. Good luck to the year 12 students who have only approximately 60 days to go before exams start, make the most of this time and put your best foot forward. To the parents that will be leaving the school at the end of the year with their last child in the school thank you for your support throughout your time at Kyabram P-12 College and the support you have given the school and myself is greatly appreciated. To the staff who will be leaving at the end of the year as well all the very best to you, you are a great bunch of people and I hope you have enjoyed your time at Kyabram P-12 College. I have really enjoyed working with you. To the students, “the world is your oyster” and take every opportunity you can to ensure you achieve to your full potential.

Thank you to everyone for your kind words and wishes over the past week. I am looking forward to a new and exciting experience working as an Acting Senior Advisor at a regional level with schools and other organisations in and around Bendigo. So farewell for now and good luck for the remainder of the 2015 school year.

The Acting Principal position has been advertised and closed last night. I will keep you informed on who the successful applicant is once I find out.

Stuart Bott
College Principal

P-6 Assistant Principal Report
David Jenner
WELCOME BACK TO TERM 3
Hi everyone and welcome back to the beginning of Term 3. I am sure that you all enjoyed the mid-year break. It has been wonderful this week to see the way in which everyone has settled back into their teaching and learning. Thank you to everyone for your efforts here.

MONDAY’S P-4 ASSEMBLY
On Monday morning we held our weekly Prep – 4 assembly. Once again we had a fantastic turn out from our College community. Well done to Levi on his solo violin performance. Also, thank you to our school leaders for sharing their thoughts around our College values. Their message in regards to our values can be summarised as follows:

Resilience: The ability to stay strong and bounce back challenges.
Respect: Caring for people, leading by example and treating others in the way in which you would like to be treated in return.
Responsibility: Being accountable in regards to your actions and words.
Doing Your Best: Having a red hot go at tasks, and keeping positive.
Community: Caring and sharing with others and leading by example.
Congratulations to this week’s award winners.

Year 1 News
What a great start to the term! In Year 1 we are learning about change. We have been looking at the weather and how the environment changes depending on the season. For numeracy we are learning addition and subtraction strategies as well as looking at length, measurement and capacity. In literacy we have been writing recounts about our fantastic holidays and will be looking at procedural texts in the coming weeks.

Year 3/4 News
This term sees our Year 3 and 4 students immersed in a study unit about the oceans, with a specific focus on the topic question: "Why are marine environments worth caring for?" Within this unit students will learn about how different people use the oceans for different reasons, the impact people have on the health of oceans and some of the different components of the marine ecosystem.

The highlight of this unit is our forthcoming trip to Melbourne, where we will be staying overnight and visiting some exciting places such as the beach (where we will explore rock pools and hopefully find some interesting critters) and the Melbourne Aquarium. The learning experiences offered by this trip are innumerable, plus it is a lot of fun! We will be sharing some of the highlights in a couple of weeks, so stay tuned. Just a reminder that all outstanding payments for the camp are now due. Please see Judy at the office if you wish to make a payment plan.
Welcome back to all staff, students and families. I hope you have all had a relaxing break and are ready for a big Semester 2. I’d like to take this opportunity to remind parents of the Year Level Coordinators and Learning Community Leaders. This semester we have Dale Roberts and Lionel Curling stepping into the role of Year 10 Coordinators. If you have any questions or queries throughout the semester, please do not hesitate to contact any of the staff below or myself at the College.

Learning Community Leader Years 7-9 – Mrs Vivienne Thomas
Year 7 Coordinator – Ms Renee Howell
Year 8 Coordinator – Mrs Kymberleigh Rowland
Year 9 Coordinator – Ms Angela Heale
Learning Community Leader Years 10-12 – Mrs Louise Mellington
Year 10 Coordinator – Mr Dale Roberts and Mr Lionel Curling
Year 11 Coordinator – Ms Dianne Robilliard
Year 12 Coordinator – Miss Lainie Lockwood

UNIFORM
I would like to thank parents and families for their support this week in ensuring that their child is wearing the correct college uniform. The students look great in their uniform and we really do look like a cohesive, high quality learning community. Hoodies are not permitted even if underneath their school jumper. Another jumper can be worn underneath if necessary, as long as it doesn’t stick out from under the school jumper. If there is an occasion/day where your child is unable to wear their correct uniform, we ask that parents please provide a note to the school to explain this.

LEARNING CURVE NEWSLETTER ARTICLE
Each week I would like to include a parent newsletter article from The Learning Curve which is in line with the Secondary student planner. I hope you find these articles valuable.

Anger
Wellbeing Element – Relationships and Optimism
Character Strength – Bravery
Adolescence is an emotionally challenging period of time for students, parents and teachers. Both at home and at school, outbursts of anger and stress attacks can often occur. The teenage brain is anatomically different to our brains; they are not little adults. While their brains are wired up to create emotions like ours, the control centre of their brains, the prefrontal cortex, is not. Therefore their emotions often go unchecked and their planning and forward thinking are often quite impulsive. Combine this with the brain chemicals being released throughout puberty and it is little wonder that the adolescent brain is a turbulent place. Most cases of adolescent stress and anger are not deliberate, nor defiant; unfortunately many of the adults around them believe otherwise and react. A proactive approach is to initiate discussion both at school and at home about identifying the stressors that trigger emotional behaviours.

The time to repair the roof is when the sun is shining, not when it is raining. Likewise, the time to have these conversations with students is when there is calm and no issues occurring, not during emotional episodes. Unfortunately, this is not the most common approach adopted by many of us. Students need to be very clearly made aware that adopting the victim mentality of ‘it’s not my fault’ is a behaviour that will not benefit them in any shape or form. It also important for them to be aware that when their anger levels rise, their logical thinking levels drop.

To assist students to build self-managing and self-correcting habits, it is essential for teachers and parents to raise students’ self-awareness of their moods and anger warning signals. This will enable them to develop a series of coping mechanisms when they realise they are beginning to lose control.

YARD MAINTENANCE WORK
If you are available to assist with clean up/maintenance at the College could you please contact me by email (walsh.daniel.m@edumail.vic.edu.au) or by phoning the College. We have a number of areas that require attention such as painting, pruning, edging and brushcutting.
Intermediate Boys Football

On a very cold and wet day in Moama, our Intermediate Boys Football team competed in the Campaspe level of the School Sport Victoria Competition. The boys represented our school to a high standard and came home in first place after defeating St Joseph’s College Echuca 12-2, St Augustine’s College Kyabram 38-16 and then Rochester Secondary College in the final 31-28 to advance to the next stage. The boys will be representing the Campaspe region on August 5th in Swan Hill. We would like to give a huge thank you to Wayne Cowley for his assistance in coaching and driving the bus and to Mr Bird for his excellent coaching. Well done boys!

COLEGE NEWS

Woolworths Earn & Learn 2015

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school and all we need you to do is shop for your groceries at Woolworths.

From Wednesday, 15th July to Tuesday, 8th September we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco and gift cards). Woolworths Earn & Learn Stickers can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we will be able to get some great new equipment. The range available is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you’d like to know more visit woolworths.com.au/earnandlearn.

2016 Year 7 Information Night

Kyabram P-12 College invite parents to attend our Year 7 2016 Information Evening on Thursday 23rd July, 7:00pm

In the College Library

Please come and see how we create a safe learning environment for your child and take this opportunity to meet our dedicated staff and discover the programs we offer.

For more information please phone 5851 2100
Kyabram P-12 College will be holding an *Adidas School Fun-Run* as a major fundraising event this year. The event will be held on Thursday the 10th of September, 2015. Students in years Prep to 8 will participate in this event, running laps around the school together. Parents and friends are encouraged to join in to make this a huge community event.

All money raised will go towards sports and classroom equipment. Keep an eye out for fundraising information which will be sent home next week.

**MATES Mentoring Program is coming to Kyabram!**

**Mentors wanted!**

**MATES** is a youth mentoring program which matches a young person (mentee) on a Youth Partnerships program with a volunteer (mentor) from the local community. With the strong support of the schools and community **MATES** aims to:

- **Mentor** - provide an additional positive role model in the lives of young people
- **Assist** - assist and extend the positive life experiences of young people
- **Trust** - model a trusting relationship between the mentor and mentee
- **Engage** - engage young people more into their schools and local communities
- **Skills** - identify and enhance the skills of young people

The benefits for the young person are improved self-confidence and feelings of self-worth, and the program helps students ‘get back on track’ with their learning. The whole community benefits as it creates positive links between generations. The evidence shows that youth mentoring positively impacts on the lives of both young people and mentors.

To become involved in the program Mentors need to be over 18 years old and have good communication skills that are adaptive to working with young people. They are required to complete two training sessions and to commit to one year with 40-60 min ‘catch ups’ per week during the school terms. All visits will be at the school or KCLC. The mentor will need to adhere to the Code of Conduct and to all school and MATES Policies and Procedures.

Would you like to find out more about the MATES Mentoring Program?
Contact Cheryl Sweeney Kyabram Youth Partnerships on 0400 896295 or by email youthpartnerships@kclc.com.au

Mentor Training dates: Friday 24 July & Monday 27 July 2pm - 4pm at KCLC, 21-25 Lake Rd Kyabram

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**School Nurse Corner**

**What does the school Nurse do?**

Hi I’m Leanne, newly appointed as the Adolescent Health Nurse (formerly known as Secondary School Nurse) at Kyabram P-12 College. I am a Registered Nurse Division 1 and a Registered Midwife and have been a School Nurse for the past 14 years.

The School Nurse works as a part of the welfare team and supports the improved health and wellbeing of students. Healthy students means better learning outcomes. The nurse conducts health promotion and health education activities in the school.

The School Nurse will work with the school community and teachers to:

- Encourage healthier schools,
- Enhance the health of students,
- Build student’s capacity to make informed decisions about their health and wellbeing
- Develop greater connections for students at school, home and in the wider community
- Provide education sessions that may include sexual health, body image, safe partying, sunsmart, Asthma
- Support transition for students from Primary to Secondary School and within Secondary School year levels.
- Facilitate peer mediation
Your suggestions about health issues you think are important to cover in health promotion or health education sessions are welcome.

The nurse can also help in classroom sessions, group sessions as well as individuals with information, guidance and support about a range of issues. These include but not inclusive to the following:

- Relationships with family and friends
- Loss and grief
- School life
- Harassment and bullying
- Health concerns and coping with illness
- Healthy skin
- Women’s and Men’s Health
- Safe sex
- Smoking, alcohol and drug use
- Safe partying
- Body art
- Feeling anxious, stressed or low
- Healthy weight
- Diet and nutrition
- Often it is helpful to talk to your parents or other family members about problems you may be having. If you want to, the School Nurse can also help with this.

**Getting the Right Help...**

It is important to get the right information, from the right person at the right time. Being informed helps you to make the right choice for you.

As well as providing you with information and support, the School Nurse can also help you find and get in touch with other health services you might need. These other services might include:

- Local doctor
- Medical Specialists
- Community Health Centres
- Alcohol and drug counsellor
- Psychologist or counsellor
- Guidance Officer
- Family Planning Services

**What the School Nurse doesn’t do?**

As a general rule the School Nurse does not provide:

- Treatments such as medication
- Nits
- Physical examinations
- Ongoing counselling about psychological, relationship or educational problems
- First aid (the school looks after this)

**Confidentiality:**

The School Nurse works in the school and employed by the Department of Education and Training. The Nurse is required (by law) to keep your information private and confidential unless you agree otherwise.

However, there are some instances (if, for example, the nurse thinks you are at risk of being hurt or hurting someone else) where the School Nurse may have to let other people know about your situation. If you are unsure talk to the School Nurse first to find out if what you talk about is confidential.

You can make an appointment to see the Nurse in class time, before or after school or in your break. I am at school Tuesday’s and Thursday’s.

Leanne James
School Nurse
COMMUNITY MATTERS

Excellence Through Opportunity

2015 My Story My Content Short Film Competition
Calling for student entries to create a 60-second film and win one of two $1000 cash prizes, plus DVD/Blu-Ray Packs, Movie Tickets and more!

To enter My Story My Content, students must create a 60-second short film and submit it into one of the set categories for Secondary Students.

Fast Track Talent
For young, talented folk of Greater Shepparton - now is the time to register to Shepparton's Fast Track Talent showcase, coming to WestSide in September.

Singers, dancers, bands, musicians, comedians, poets, DJs, we want you! Fast track your journey to the top by applying now: http://bit.do/fasttrack-shepparton

Mental Health Awareness Forum
Come along to this rare opportunity to meet and talk with Dr Graham D. Burrows, AO, CIJS Professor/Director of Psychiatry at Austin Health, Professorial Fellow in the Department of Psychiatry at the University of Melbourne and Private Consultant.

Wednesday 22nd July 7pm, Ballantyne Centre, Tatura
Entry is a Gold Coin Donation

Presented to the whole community by Tatura Rotary Club, Tatura Football/Netball Club & proudly supported by Rodney Printers

INVITATION
TO CONTRIBUTE YOUR IDEAS FOR THE FUTURE
Rural ECOH is working to improve oral health in Kyabram

WHO DO WE NEED?
Local people from all walks of life interested in improving the health of their local communities, including:
- A range of community members
- Professionals
- Community agency representatives
- Service representatives

“We understand you may wear many of these hats and that’s great

WHAT DO WE WANT PEOPLE TO DO?
Come along and hear about the great ideas and Innovative solutions that have been developed. Let us know what you think and contribute your ideas for the future.

WHEN AND WHERE?
- Thursday July 30th 11:00am -1:00pm
- Kyabram District Health Services, 85 – 86 Fanaughty Street, Kyabram – Group Room
- Lunch will be provided (please let us know if you have any special dietary requirements)

Over the past year we have been working together with a small but committed group of people from across rural Victoria who are passionate about improving oral health. We have had a number of meetings in Kyabram and have developed some new and innovative ideas. We would love to tell you about them and get your feedback.

WHO DO I CONTACT IF I WANT TO ATTEND?
Dr. Virginia Dickson-Swift 5444 7852 or v.dickson-swift@latrobe.edu.au
Karen Martin (LMMML) 4408 5579 or kmartin@lmmml.org.au

We acknowledge funding for this study from the National Health and Medical Research Council (Grant ID: AP 1087342). The contents of this published material is the responsibility of La Trobe University as the administering institution, partners or individual researchers and does not reflect the views of the NHMRC.

MOVIE NIGHT FUNDRAISER FOR SAINT PATRICK’S PRIMARY SCHOOLS TUBGOA

FRIDAY JULY 17
7.00PM AT KYABRAM PLAZA THEATRE
All tickets are $16 each.
Price includes movie and supper.

Come along and support our school!
Tickets are available on the night, but can also be purchased beforehand from Fiona Wallace by telephoning 0400 608 642.

Come dressed up to be in the running for a prize!

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### College Calendar

#### ~ July 2015 ~

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<td>21 Parents’ Club Meeting 7pm at Primary Campus</td>
<td>22 Year 9 ICT Information Day</td>
<td>23 Regional Netball Year 7-12 at Echuca</td>
<td>24 Legacy Junior Public Speaking Competition in Shepparton</td>
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<td>28 Apex Debating Competition - Echuca Moama 6pm</td>
<td>29 Junior Football at Nathalia</td>
<td>30 Arts visit to Bendigo</td>
<td>Year 3/4 Camp to Melbourne</td>
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Correct at date of printing. Please refer to Compass for further updates.
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