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## IMPORTANT DATES

### SEPTEMBER

**1**

Primary Father's Day Stall  
 9-11am Gifts Range from \$1-\$10

Zaidee's Day - Dress up Day for  
 Castles House. Gold Coin  
 Donation. Wrist Bands & Shoe  
 Laces for sale at \$2 each.

**6**

Parent/Teacher/Student  
 Conferences 2-7pm

**7**

Yr 9 Day In Industry at Bocce Club

Prep-2 Athletics Carnival  
 9:30am-12:15pm on Primary Oval

**8**

**Primary Book Club Orders due**

**13**

Yr 9 Melbourne Excursion -  
 Arts Connect9

**18**

Primary Division Athletics - Bendigo

**20**

College Council Meeting 7pm

**20-21**

Prep-2 Concert 7pm start on both  
 nights

**22**

Footy Colours Day

**Last Day Term 2:20pm dismissal**

**Please view Compass Calendar  
 for further details**

**Term 3 Issue 15**

## Principal's Report "Excellence Through Opportunity"

*Dear Parents and Friends,*

### PARENT OPINION SURVEY

A number of parents have been randomly selected by a DET computer program from our data base. For the first time, the randomly selected parents will complete the survey online by being provided with a unique survey link to the portal. The completion of this survey has now been extended to Sunday 3rd September. Parents can submit completed online surveys until 11:59PM on that day. We value your opinion, so if you are invited to participate in the survey, please take the time to complete this.

### STUDENT / PARENT / TEACHER CONFERENCES

The mid semester Student / Parent / Teacher Conferences will be on Wednesday 6th September 2:00pm to 7:00pm for all students.

This will mean if you are able to collect your children from school at 1:30pm to support the school in running these important discussions, that would be appreciated. Bus travellers and students that are required to stay at school will be looked after by the available staff for the afternoon.

I would encourage parents to register your interview times as soon as possible on Compass, which is available to do now. Our interviews provide us with an opportunity to discuss your student's progress and for us to support you as an important person in your student's development and learning. I also look forward to using our interview evenings as an opportunity to catch up with our parents during this time.

### JAPANESE VISITORS

On Friday, we said good-bye to our Japanese visitors after a great week with them as part of the Kyabram P-12 College Japanese Exchange program. We had 17 students and five teachers from Shiroi stay with host families in Kyabram. During their stay the Japanese and host students visited local attractions in Kyabram and surrounding districts. The focus of the program is to develop a better understanding of each other's cultures and to share ideas and experiences. The exchange not only provided our students with an insight into Japanese culture but for teachers and staff at the College, it provided an opportunity to talk about approaches to teaching and learning and to share strategies used to enhance students' learning in both systems. Interestingly, the enhancement of our teaching and learning, delivery of curriculum and strategies for improvement are not very different between the two systems. Issues confronting Australian schools and students, in some cases, are similar to those in Japan. It was interesting to note that their class sizes are between 30 - 40 students, a far call from our 19 - 25 students per class. I would like to thank Laura Sanchez, all the host families and the staff at Kyabram P-12 College for making this program such a valued program within our calendar.

## HATS - TERM 4

The first day of term 4 is when we all start wearing hats outside. In keeping with our Sun Smart Policy all students are required to wear our Kyabram P-12 College navy blue hat to school every day. Please ensure your child has a hat ready to wear on the first day of term 4, Monday October 9. Our school hats are sold at our two uniform suppliers.

## SECONDARY ATHLETIC SPORTS

Last Wednesday we saw an encouraging number of students attend school and compete in the annual Kyabram P-12 College, Secondary Athletics Carnival. It was great to see the level of spirit and competition throughout the day. It was also great to see the students dressed up in their house colours and supporting each other. The Life Skills team did a great job of catering for the day and was appreciated by everyone. Thank you to Jayden Howe and Liam Nedeljkovich for the huge effort in the organisation for the day, and the staff that supported the running of the day. I look forward to hearing the results of the day and see which house came out on top. Go CASTLES! Go PINE GROVE! Go ALLAN!

## PRIMARY ATHLETIC SPORTS

Over 500 students from year 3-6 from Kyabram P-12 College, Tongala Primary School and St Augustine's College participated in the Waranga Athletics Carnival at Kyabram P-12 College today. The carnival is hosted by Kyabram P-12 College each year and provides an opportunity for our students to compete with neighbouring schools while enjoying a fun day. Always well supported by parents and our local community, students competed in all the traditional field and track athletic events. I would like to thank our teachers from years 3, 4, 5 and 6 for all their work in preparing the track and facilities for the day's activities.

## LONE PINE

Today our College held its 20th Lone Pine service at the front of the College next to our Lone Pine tree. The ceremony was established back in 1998 and it provides students and community members with an opportunity to reflect on the contributions and sacrifices made by Australian men and women who have been involved in the various wars over the last 115 years. Although the battle of Lone Pine took place between the 6th and 10th August 1915, Lone Pine has a significant place in Australian history as a symbol of the Gallipoli campaign in 1915, 102 years ago this year. This year our guest speaker was Glen Ferrarotto, a former Australian Serviceman and Founder and Director of Ironside Recruitment Group, which now facilitates Government / Private Sector collaboration across Defence, Law Enforcement, Emergency Services and other areas of Government. The ceremony is a very important event on our calendar and is supported by our local Legacy branch and students from the College.

**Stuart Bott**  
*College Principal*

## P-6 Principal Report

Kate Whitford

## DISTRICT ATHLETICS SPORTS

What a great day we had today at our District Athletics sports. Thank you to our staff, parents and secondary student volunteers for assisting at events and helping to make this such a successful day. Congratulations must go to the many students who displayed all of our college values throughout the day. Their behaviour was unquestionable and their efforts to do their best and encourage others to keep trying was wonderful to see. A special thank you to Mr Nexhip, Mrs Mangan and Mr Wegmann for their organisation leading up to this event.

## DIVISION ATHLETICS SPORTS - BENDIGO

The next step for our athletes who have progressed through to the next stage will be held in Bendigo on Monday, 18<sup>th</sup> September. Details will be provided to students next week.

## FATHER'S DAY STALL- TOMORROW, FRIDAY 1<sup>ST</sup>

Our hardworking Parents' Club have organised a Father's Day stall for our students to be held tomorrow, Friday, 1st September. Gifts can be purchased for \$1 to \$10.

**Happy Father's Day**



## PARENT TEACHER INTERVIEWS – COMPASS PORTAL OPEN

The Portal is now open for bookings and will close on at the close of business on Tuesday, 5<sup>th</sup> September. Our Parent Teacher discussion will be held on Wednesday, 6<sup>th</sup> September starting at 2pm. Students will be dismissed from school at 1:30pm on this day. Please return the form if your child needs to remain at school for the afternoon.



## RAINBOW DRESS UP DAY – FRIDAY 1<sup>ST</sup> SEPTEMBER

This Friday, Castles house are running a rainbow dress up day fundraiser for Zaidee's Rainbow Foundation. The cost is a gold coin donation to come dressed in rainbow colours.

## BOOK CHARACTER DRESS UP DAY

Thank you to the staff and students who dressed up for our Book Character Parade last Wednesday. Thank you must also go to the parents and friends who found, made and created some of these outfits. Your efforts amaze me. What a great community celebration shared by all.

## Awards



**Congratulations to the award winners from last week and this week.**

## Prep News

### Book Character Dress Up

A big thanks to our parents for all our wonderful book character costumes. The prep students had lots of fun dressing up!

### Father's Day

Just a reminder tomorrow is the Father's Day Stall. Gifts range from \$1 to \$10.

### Prep-2 Athletics Carnival

Next Thursday, September 7th there will be a Prep-2 Athletics Carnival from 9:30am until 12:15pm on the primary school oval. Please feel welcome to come and have a look and cheer your child on!

### Home Reading

The purpose of home reading is for students to practice fluency and enjoy reading. The books that your child brings home should be easy (less than two unknown words per page). This allows children to have success while reading and to practise nice, smooth reading. If a book that comes home is too hard, please read the book with your child and enjoy the book together. If you have any questions please see your child's classroom teacher.

### Town Library

Last Thursday as part of Book Week, all the preps enjoyed a visit to the Kyabram Library. We listened to three of the nominated picture books for the Early Childhood category and then made a picture of the Snow Wombat. Thanks to Natalie from the town library and the parent helpers who came along, a great day was had by all!



# P-2 Concert 'Being Kids'

## Sue Meeking and the P – 2 Team

The concert will be at the Plaza Theatre on Wednesday 20th and Thursday 21<sup>st</sup> September.

We are organising costumes now. Each family will receive a small list of items to collect for their child to wear. For example, the preps will all need a black t- shirt, please.

Thank you so much to the parents and staff who came along to our working bee on Wednesday. Your help means we can more easily arrange big events like a concert for your children. There are still a few small jobs for the concert. Please fill in the purple form and send it to school if you can offer your help.

All children are needed for both shows, please. Tickets are \$8 and on sale at the main College office.



## Year 3/4 News

This past fortnight:

### **Environment Day: Theme – The Impact European Settlement had on the Indigenous Communities**

Students attended five - 25 minute activities:

Water/Fish by Lainie: Europeans wanted water available all year round, so they controlled the waterways by building weirs and channels, etc. This altered the way Aboriginals moved to where they knew water holes were available at certain times of the year. This also stopped the movement of the fish. They could no longer go upstream to spawn (lay their eggs). Trout Cod is an endangered fish species. Cod is down in number. Other foods that Aboriginal people got from our rivers were yabbies, crayfish, mussels, water weeds, water plants (a lot of which needed dry times that the rivers experienced every year, naturally).

Scats and Tracks of Animals by Andrea: We were able to try and identify the scats and tracks of indigenous animals: emu, koala, possum, kangaroo, echidna and we identified some others like wallabies, penguins, cassowary and gliders. Rabbit scats were there too. They were introduced by Europeans and they dug burrows and ate good plant food. Other introduced species that affected the land and food sources were foxes, pigs, cats, dogs, horses, sheep, cattle...

Tasting Passport by Jo: The Aboriginals had thousands of years of knowledge about edible bush tucker that we would do well to learn more about. We talked about different foods and if we had ever tried it, we got a sticker to stick into our Tasting Passports. Some interesting facts: instead of potatoes, Bulbine Lily Tubers were farmed and cultivated by Aboriginals; seeds were ground, made into flour and then baked as damper; some toxins from plants were used to stun fish; some sweet flowers were dipped in water to make it sweet; and wild honey was harvested as well. Europeans introduced rabbits, wheat, sheep, cattle, potatoes, barley and other things.

Foodweb by Carolena: We each got a card with an indigenous animal or plant/tree on it and worked out from the information how we were all part of the food web. We talked about what happens when a part of the food web disappears due to cutting down trees to build, fires, drought, etc.

Biodiversity Twister by Joy: Biodiversity means lots of differences in our environment. We thought about what Kyabram would have looked like 200 years ago, before Europeans came. What wouldn't have been here? What did native Aboriginals build their houses out of? What were the native animals of the area? We played a game where we could land on a blue (water animal and plant life), green (grasslands, kangaroos, etc), red (trees and tree dwelling animals) and yellow (underground animals like snakes and lizards) dots. We had to go and forage for food. While we were foraging, some dots were taken away. If we couldn't find a dot (food, protection), we died and were out of the game. Can we go back to the way things were 200 years ago? No, but what can we do to look after the environment we do have now?

### **Athletics Day – Thursday, August 31<sup>st</sup>**

We have worked on building our fitness and understanding of how to give our best performance in distance running, sprints, hurdles, high jump, long jump, triple jump, discus and shot put. Thank you for your help and supporting your children at this event.



# Year 5/6 News

Well it sure has been a busy start to the term, cannot believe we are over halfway through term 3!

In Maths we are focussing on fractions, decimals, 3D shape, length, area and perimeter.

Students have been working on procedural writing. Each fortnight we continue to do a Big Write. Please keep an eye out for the Talk Homework slip. The idea of Talk Homework is for the family to have a 5-10 minute discussion on the specific topic written to enable the children to begin to formulate ideas for their written work the next day. Speaking and listening are great aids to effective and interesting writing and this quick chat can help to form ideas and develop vocabulary for children.

Students are nearly finished rotating through their immersion lessons around our inquiry topic "Healthy Lifestyles". They will then choose an area they would like to focus on to complete a project as part of their next learning task.

In P.E and Clubs students have been practising for the Year 3-6 Athletics that were held today. Well done to everyone who has been trying their best and having a good go. It is great to see students eager to participate



## Reminders:

- Parents please ensure your child is continuing to read at home at least 3-4 times a week and that their diary is signed. This will ensure that your child will improve their reading skills and can show improvement on their Lexile and On Demand scores closer to the end of term.
- Please ensure you book your parent/teacher interview on compass

## 7-12 Principal Report

Danny Walsh

### PARENT/TEACHER INTERVIEWS

Parent/teacher interviews will be held on Wednesday 6<sup>th</sup> September from 2pm to 7pm in the Senior building. All bookings are made online through Compass and will close at 9am on the morning of interviews. If any parent has lost their log on details, please call the office on 58512100.

### STUDENTS LEAVING THE SCHOOL GROUNDS

Students are required to remain at school for the entire day. If there is an occasion where a student needs to leave the school grounds to attend an appointment, they must take a signed note from their parent/guardian to the general office before school to obtain college approval. Alternatively parents/guardian can call our college attendance line on 5853 2607.

Parents/guardians wishing for their child to come home for lunch may apply to their Year Level Coordinator for a "lunch pass." Students with a lunch pass have permission to go directly home for lunch and return directly to school within the college lunch break period. It is only students holding a lunch pass that have permission to be out of the school grounds during lunch breaks. Please note that a lunch pass does not permit a student to go down the street at lunchtime. This is with the exception of Year 12 students, who have all been issued with lunch passes with the privilege of going down the street. Students must carry their lunch pass with them whilst out of the school grounds. It should be clearly understood that parents/guardians of students holding lunch passes accept complete responsibility for the conduct and safety of these students whilst they are out of the grounds.

Bus travellers must remain on their bus for the entire duration of travel between their bus stops and school. Bus travellers should remain at school once they have arrived.

It is important that this process is followed and supported by all college community members. Please contact the college if you have any questions about these expectations

### YEAR 12 STUDENTS AND CARS

Just a reminder that Year 12 students who have their licence are not permitted to take any other students in their car unless it's a sibling. This includes to and from school and during school hours.

## LEARNING CURVE PARENT NEWSLETTER ARTICLE

Each week I will be including a parent newsletter article from the Learning Curve which is in line with the Secondary student planner. I hope you find these articles valuable.

### Solving problems

Cultivating in our students resourceful and reflective habits for a lifetime of learning in an ever changing world is a challenge that all teachers face. With the amazing rate information is being created in the 21st century, "knowing stuff" learnt through the 20<sup>th</sup> century learning and teaching transfer of knowledge paradigm is no longer relevant. The world now needs good people who can think logically, strategically and ethically solve problems. Encouraging students to use their signature strengths in solving problems will bring high quality solutions.

Our learners now need to be able to:

- Experiment, imagine, visualise and question what is happening around them.
- Take stock of what is occurring and why.
- Use their intuition, logic, analysis and creative and critical thinking to solve problems.
- Make new connections from what they learn to extend their vision of the world.
- Find and authenticate the information they require.

True learning is the connecting and understanding of areas of knowledge and then being able to apply them to solve and analyse a series of problems or situations. To enable this, students' thinking needs to be continuously developed through the regular usage of Habits of Minds and Thinking Tools in all areas of their learning.

An organised, resourceful and systematic approach to problem solving requires thinking to be visible for students; the steps are clearly sign posted for them. The 'off the top of the head' and 'spontaneous' methods of problem solving, often end up without a logical solution, involve haphazard thinking processes and don't thoroughly consider all possible angles.

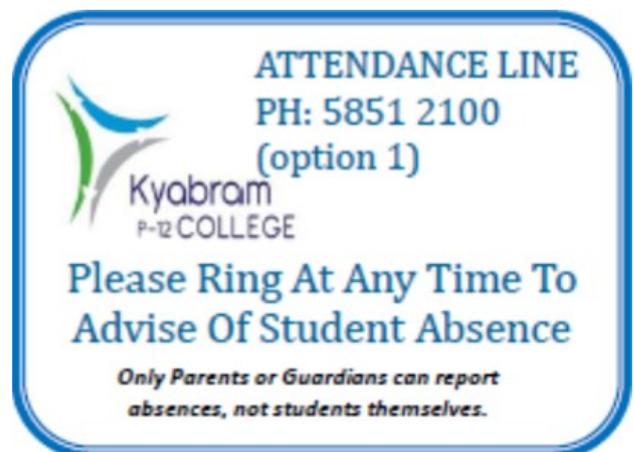
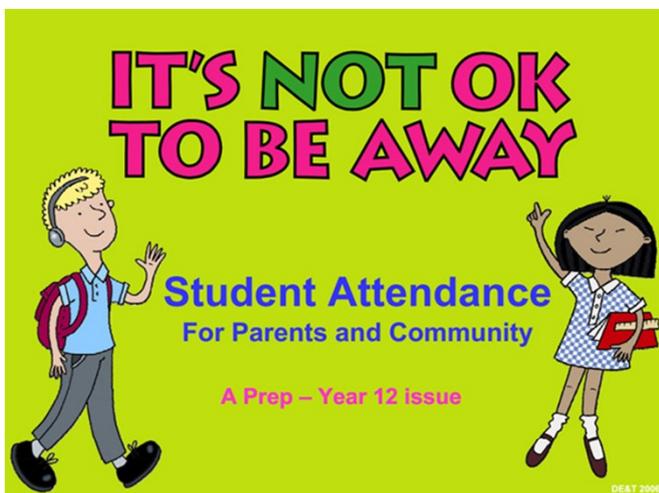
The key components in solving any problem are very simple:

- getting started the day the problem is received
- being prepared to brainstorm and to consider a number of options; moving from possible to probable and onto preferred.
- always starting from a position of curiosity, not certainty. Curiosity leads to Clever, which leads to Certain; the 3 C's to problem solving.

## Lego For the Year 7 Community

Jaxon, Eevee, Zain and Noah

We would like to thank the Chaplaincy Committee for their donation of some Lego for our Year 7 students. This will be well loved and used during our Lego Lunch sessions. The students have been involved in deciding on rules and regulations for the use of this Lego and have enjoyed having the Lego to use in our space.



# College News

## CANTEEN ROSTER

### PRIMARY CAMPUS

#### SEPTEMBER

Mon	4	Help Please
Tue	5	Janette Peterson
Wed	6	Kim Hicks
Thur	7	Joanne Weymouth
Fri	8	Help Please
Mon	11	Anna Hooper
Tue	12	Jo Doolan
Wed	13	Amy Barker
Thur	14	Sharon Pell
Fri	15	Help Please

### SECONDARY CAMPUS

#### SEPTEMBER

10:45am - 12pm      1pm - 2:15pm

Mon	4	Kerry Watt	Kerry Watt
Tue	5	Help Please	Belinda West
Wed	6	Carolynne Hubble	Help Please
Thur	7	Help Please	Help Please
Fri	8	Help Please	Help Please
Mon	11	Help Please	Help Please
Tue	12	Natasha Doherty	Natasha Doherty
Wed	13	Chanelle Olney	Help Please
Thur	14	Help Please	Help Please
Fri	15	Help Please	Help Please

## Careers YEAR 12

### Charles Sturt University's (CSU) Parent Information Evenings

A Prospective Student Adviser will be on hand to discuss the processes of applying, early entry, accommodation, costs and other key information relevant to parents.

**When:** Tuesday 12 September at 5:30pm

**Where:** Wangaratta Regional Study Centre, 218 Tone Road, Wangaratta You can see a full listing of events, and [register for an event](#) online.

For any questions regarding the event please contact [infoevents@csu.edu.au](mailto:infoevents@csu.edu.au) or phone 1800 334 733.

### Scholarships for VCAL Students

**2017 Lynne Kosky Memorial VCAL Scholarships (LKMVS)** were established in 2015 to recognise the outstanding contribution that Lynne Kosky made to education and training in Victoria. These scholarships, worth up to \$25,000 over 5 years of study (\$2,500 per semester) are available to students aged **17 years or under** (as at 1<sup>st</sup> January 2018) who are **planning to choose VCAL as a pathway to further study, employment or training**. If you need further information please contact **Andrea Constantino on 9097 7375** or via email at [constantino.andrea.a@edumail.vic.gov.au](mailto:constantino.andrea.a@edumail.vic.gov.au). Applications close on **5<sup>th</sup> September 2017**.

## YEARS 10-12

### Want to know what a career in Engineering is really like? **ENGINEERING @ LaTrobe University Bundoora**

Engineering Link Project- September 27 & 28, 2017 (School holidays)

Year 10,11 &12 students will experience a two-day, intensive engineering project designed to showcase the career as it really is!

Students will work in teams with real engineers across disciplines such as:

- Electrical & Communications
- Robotics
- Civil & Structural
- Environmental
- Mechanical
- Aeronautical (including Defence Force Engineering)

**REGISTER NOW!** [www.telq.com.au/register](http://www.telq.com.au/register) Note – Supervised accommodation is available for regional students.

# Mr Curling's Woodwork Classes

A showcase of what some students have made in wood this year

**Sam Plumb  
Year 9 Woodwork**



**Maddy Pangrazio  
Year 9 Woodwork**



**Billy Preddy  
Year 9 Woodwork**



**Ben Turpin and Zaid Besim  
Year 11 Product Design and  
Technology**



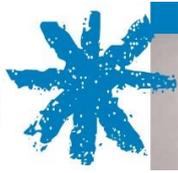
*Congratulations to Zaid Besim who now has an apprenticeship with Brendan Roberts Construction.*

## Wellbeing Corner Barb Buckle & Bron Lolicato

### **Bedwetting Institute**

A DVD based program to cure bedwetting, with Dr Mark Condon, and Physiotherapist, Margaret O'Donovan has been developed by the Bedwetting Institute. It outlines a successful four step program for parents to implement at home with their children. For a free Bedwetting Fact Sheet please visit the information section on the website:

[www.bedwettinginstitute.com.au](http://www.bedwettinginstitute.com.au)



### **1. Model good mental health habits**

If you, like many parents, live constantly with stress then consider ways to actively minimise it, such as getting regular exercise, plenty of sleep and doing relaxation exercises. Not only will this improve your mental health, and make you easier to live with, it will send a strong positive message that mental health is important. It's worth remembering that kids learn what they live, so make sure they see good mental health habits first hand.

### **2. Make sure they get enough sleep**

Sleep is one of the building blocks of mental health and wellbeing. Many children and just about all teenagers are sleep-deprived at the moment. Many parents are sleep-deprived as well! Children need between 10 and 12 hours' sleep to enable proper growth and development, while teenagers need a minimum of nine hours. One of the single most powerful strategies to improve kids' abilities to cope with stressful or changing situations is to ensure they get enough sleep.

### **3. Encourage your kids to exercise**

When my mum would tell me all those years ago to turn the television off and go outside and play, she didn't know she was promoting good mental health. She just knew that physical activity was a good thing for an active growing boy. Kids today get less exercise than those of past generations, which is an impediment to mental health. Exercise stimulates the chemicals that improve mood and release the stress that builds up over a day. An hour's movement per day seems the minimum for kids. How much exercise does your child receive?

### **4. Encourage creative outlets**

Kids should practise creativity if for no other reason than it helps them experience the state of 'flow'. This is the state of getting so immersed in an activity that you forget about time and place. Writers and other creatives understand the concept of flow. It's energising and helps take stressed and worried kids out of themselves. Rock star of character traits.

### **5. Provide a space of their own**

Children of all ages benefit from having some space of their own where they can think. Quiet time and down time give boys the chance to let their thoughts wander around inside their heads. It also helps them get to know, and even like, themselves. Boys will often do their best thinking on their own, so they tend to retreat to their caves (bedroom) when things go wrong at school or in their relationships. They need to go within to find their own answer.

### **6. Talk about their troubles**

A problem shared is a problem halved. Talking about what's worrying you is a great way to remove the burden of worry and reduce anxiousness. Some kids bottle up what's inside, while others will catastrophise a situation, which can make matters seem worse. If your child has a problem let him know that his concerns are important to you. Kids often can't tell you what may be wrong, so be observant and gently ask questions to help gain a clearer picture of how kids may be feeling.

### **7. Help them relax**

Make sure your child has a hobby or activity that relaxes them. The ability to relax and get away from the stresses of everyday life is essential. Some children who have real difficulty switching off may benefit from practising meditation or mindfulness, but most kids just need time to chill out so they can relax naturally. (I personally practise mindfulness and have found it a really helpful way to turn off my brain for a while!)

### **8. Have two routines – weekday and weekend**

Most households are pretty highly scheduled these days. There are routines for getting up, coming home, eating meals and going to bed. These structures are necessary when we're busy. Families need a second, more relaxed weekend routine that helps kids relax and unwind. It's important to have this release valve if families are flat out busy during the week.

### **9. Foster volunteering and helpfulness**

Social isolation is a huge predictor of poor mental health. Encourage your child to be connected to and help others in any way possible. Helping others reinforces social connectedness and the importance of being part of a community, as well as providing opportunities for positive recognition.

### **10. Bring fun and playfulness into their lives**

Kids should be the kings and queens of play; however, some children live such full-on, organised lives that much of the natural fun and spontaneity has been stripped from their everyday life. Mucking around, which is code for having fun, is something many children of this generation don't have time for. If you see your child constantly stressed or overwhelmed by events, change the mood by going to a movie, joining them in a game or seeking other ways to have some fun.



Kyabram  
P-12 COLLEGE

**Prep-2**

**Concert**

**'Being Kids'**

**Wednesday  
September  
20th  
7:00pm**

**Thursday  
September  
21st  
7:00pm**

**at the  
Kyabram Plaza Theatre**

**All tickets \$8.00**

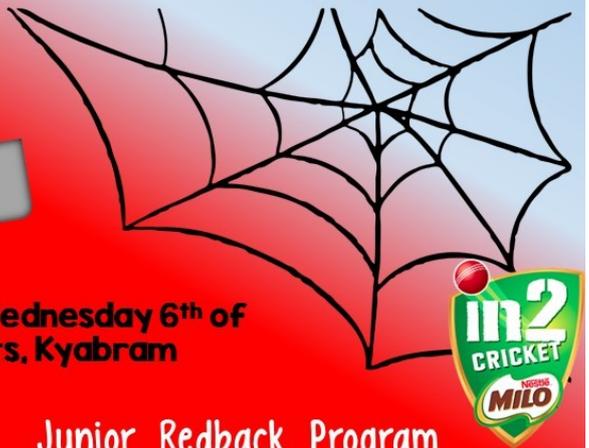
**Tickets available at  
the College Office**



# COMMUNITY MATTERS

## KYABRAM CC JUNIOR CRICKET REGISTRATION 2017/18 SEASON

Registration and First Training Night: Wednesday 6<sup>th</sup> of September, 4.30pm at Cricket Nets, Kyabram Recreation Reserve



### Under 10/12/14/16 Cricket

- Free Registration\*
- No Match or Ball Fees
- Playing Shirt and Cap Provided
- Register Online at [www.playcricket.com.au](http://www.playcricket.com.au)
- (Junior Cricket – Kyabram Cricket Club)
- \*\$5 Insurance Levy is required
- Contact Peter Ryan 0438 914 591  
Willie Alblas 0499 273 344

### Junior Redback Program

- Suitable for girls and boys aged from 4-8
- Thursday Nights @ 5pm at the Kyabram Recreation Reserve
- Registrations: Thursday 19<sup>th</sup> September at 4.30
- 9 week Program starting on 19<sup>th</sup> of October - 14<sup>th</sup> of December
- Contact Jason Parsons 0400 038 420  
Kylie Parsons 0428 386 836

## KYABRAM LITTLE ATHLETICS INC

KY P-12 COLLEGE SECONDARY OVAL



### INFORMATION AND COME AND TRY NIGHTS

WEDNESDAY 13<sup>TH</sup> & 20<sup>TH</sup> SEPTEMBER, 4.45PM

All families welcome.

Athletes must be registered to try,  
however do NOT need to pay.

These are not counted as a competition night.  
Athletes registered and paid can come along to practise.

### COMPETITION COMMENCES

WEDNESDAY 11<sup>TH</sup> OCTOBER, 4.45PM

Athletes must be registered and paid to compete.  
Parent helpers will be required for this night.

Registrations can be made on any of the above nights  
or you can register online via the  
link on our FaceBook page *Kyabram Little Athletics*  
or through [www.lavic.com.au](http://www.lavic.com.au).

If you have any enquiries please contact our President  
Claudia Green on 0409886929.

## KYABRAM LAWN TENNIS CLUB

### FREE TENNIS DAY

Friday September 15<sup>th</sup>

4:00pm - 6:00pm

Come along and enjoy a fun evening of  
tennis activities and an opportunity to  
register for the coming season.

Please follow the link for further information

<http://freetennisdays.tennis.com.au/events/view/kyabram-ltc2>



**MINI FLAMES** 🔥🔥🔥  
START: 20<sup>TH</sup> OCTOBER  
8<sup>TH</sup> DECEMBER  
WHERE: NORTHERN OVAL  
TIME: 5.30 - 6.30  
REGISTRATION 1<sup>ST</sup> SEPT  
NORTHERN OVAL 5PM  
**FRIDAY'S**  
AGES: 4 - 8 YEARS  
**COST: \$80**  
contact via email  
[firebrigadecc@hotmail.com](mailto:firebrigadecc@hotmail.com)

# Kyabram CLUB



Proud to be a Silver Donor  
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[www.sheppfresh.com](http://www.sheppfresh.com)



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**M & S Group Accounting**

**Ky Valley Dairy**

**Dunstall Rural Supplies**

**JAG Plumbing**

**Kyabram Bakery**

**Subway**

**Salter's Panel Repairs**

**Walker Real Estate**

**McConnell Real Estate**

**Kyvalley Farms Milk  
Bakers Delight**

**Kyvalley Farms Milk**