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## IMPORTANT DATES

### OCTOBER

**21**

Primary Book Club Due

**24**

LMR Basketball Yr 7/8/Intermediate

Primary State Athletics

LMR Yr 7/Intermediate cricket at  
Strathfieldsaye

Parent's Tool Box in Prep/1  
Community Building

**24-25**

Grade 1 Swimming

**24-28**

Yr 10 Melbourne Work Experience

**25**

Pink Ribbon Breakfast 8am at  
Primary Campus

Yr 9 Outdoor Recreation at Star  
Bowl

Secondary Fauna Park Art  
Excursion - Life Drawing

**26**

Quantum Forensic Investigation

**27/28**

Grade 1 Swimming

**28**

State Golf

**31**

Parent's Tool Box in Prep/1  
Community Building

### NOVEMBER

**1**

Melbourne Cup Day Holiday

**3**

State Intermediate Cricket

Junior Girls Cricket at Rochester

Please view Compass Calendar  
for further details

Term 4 Issue 17

## Principal's Report

"Excellence Through Opportunity"

Dear Parents and Friends,

### YEAR 12 - THE CLASS OF 2016

It doesn't feel like 13 years have gone by since the current Year 12 students started school in prep - I can remember when some of them started prep at this primary school. This week is their last week of formal lessons before they start preparations for exams, which commence next week. The Year 12 assembly was held today.

I would like to take this opportunity to wish all of our Year 12 students sitting exams all the very best and to encourage them to give their best shot. We know you have put the required work in throughout the year, so just do your best in the exams; we can expect nothing more.

### 2017 ENROLMENT

Over the last month or so we have been working on the staffing and classes for 2017. As the effectiveness of grade structures depends heavily on knowing the exact number of children who will be at Kyabram P-12 College next year, it is important to advise the school if any families will not be returning in 2017. I thank those families who have already notified us of this. If you have a prep or year 7 child commencing next year, or know of a family who have not yet completed an enrolment form it would be appreciated if this could be attended to immediately.

### PARENTS' CLUB ONLINE AUCTION

Please consider joining the Parents' Club online auction found on our college Facebook site. All proceeds from this event will help our efforts to upgrade the Kyabram P-12 College W.A Kuhne Hall. We would like to take this time to thank all the businesses for supporting the college and donating the goods and services for our auction.

Please read all the below rules carefully. Each item will be described as best as possible and pictures taken of items.

BIDDING COMMENCED ON WEDNESDAY 19th OCTOBER at 8pm (strictly no bids prior) AND CLOSE FRIDAY 21st OCTOBER at 9pm SHARP. Please note last accepted bid will be at 8:59pm and any bid from 9pm onwards will not be included.

Kyabram P-12 College Parents' Club

**ONLINE  
AUCTION**



All proceeds from this event will help our efforts to upgrade the Kyabram P-12 College W.A. Kuhne Assembly Hall.

Respect Responsibility Resilience Doing

- ◆ Each item will have a starting bid.
- ◆ Bids made by commenting on the description/picture of the item that is loaded on this page.
- ◆ We trust that when you make a bid, you are committed to the price.
- ◆ Bids are to be in dollar amounts only.
- ◆ Items are to be paid for by Direct Deposit or at the Secondary Campus by COB Monday 24th October.
- ◆ Pick up at Primary Campus Office or postage/delivery can be arranged at cost of buyer.

At approximately 9:30pm Friday 21st October, the highest bidder for each item will be announced and will be contacted by private message with payment/pick up details.

Make sure you click the "GOING" button on our Facebook event invitation to stay up to date with the auction items and be ready to login on Wednesday 19th October at 8pm to place your bids.

Thanks for your interest and support. Share, invite and spread the word to make this a great event for the Kyabram P-12 College Community!

## CHAPLAINCY DINNER

I would like to thank the Chaplaincy Committee for organising the Chaplaincy Dinner that was held on 13th October. This was a great night with over 190 people in attendance. The guest speaker, the Honorable John Anderson (former Deputy Prime Minister of Australia and former leader of the federal National Party), spoke about what legacy are we leaving our children, which is very appropriate as the decisions we are making today will impact on the future. The funds raised from the night assist with the employment of our chaplain Liz Spicer in our college.

## HATS - REMINDER

As we are a Sunsmart school in Term 4 we require all students to wear a bucket hat when they are outside. All students should be wearing a blue bucket hat from a uniform supply shop, complete with the school logo. Please do not purchase a different style of hat as it may not be worn at school.



## CYBERSAFETY

Cyberbullying is using technology to deliberately and repeatedly bully someone. By reporting it, talking about it and supporting each other, **we can stop it**.

It can include:

- abusive texts and emails
- hurtful messages, images or videos
- imitating others online to set them up
- excluding others online
- nasty online gossip and chat

Here are some ideas on how to take a **STAND** against cyber-bullying:

**S**ilence – do not respond to abusive messages. The number one rule for dealing with cyberbullying is: don't respond, don't interact and don't engage.

**T**ake a copy of all abusive messages- these may be useful legally later on. Create a new folder, called "Abuse", and move hate texts into it in case of future legal action.

**A**ccept that bullies don't think like you do – trying to sort it out with them or asking them to stop won't work. Recognise that you are not dealing with a person who has the same mindset as yourself. Cyber-bullies are cowards who often try to hide their identity and behave in nasty ways to build themselves up and to put other people down. Cyber-bullying is a pathetic act.

**N**ever deal with this problem alone - get help! No one can cope with this alone.

**D**on't be provoked. Some cyber-bullies play "the baiting game". A provocative comment is made and those who respond in irritation are encouraged to engage in conflict with those who respond assertively. The provoker watches, waits and stirs the pot. If you would like to visit Andrew Fuller's website to read about this and many other issues please visit [www.andrewfuller.com.au/](http://www.andrewfuller.com.au/)

## ALL STUDENTS REQUIRED AT SCHOOL ON MONDAY 31ST OCTOBER

Monday October 31<sup>st</sup> is **not** a pupil free day for secondary students as advertised in the Free Press on Wednesday October 19<sup>th</sup>.

All primary and all secondary students are required at school on Monday October 31<sup>st</sup>.

We apologise for the error and any inconvenience this may have caused.

## NEIL AND MAVIS GRUMMIT SCHOLARSHIP

The annual Neil and Mavis Grummitt Scholarship is now open for 2017. This scholarship has been generously donated by Neil and Mavis Grummitt and the Awardee will receive a \$5,000 grant to assist with educational costs. Funds may be used over more than one year.

Applicants must be a current student of Kyabram P-12 College. It is preferred that the Awardee will demonstrate an interest in the field of Agriculture, The Arts (Music) or Teaching. However, special consideration may be given to other academic career aspirations, under the guidance of the Selection Panel.

*'The Neil and Mavis Grummitt Scholarship will be awarded to a student of fine character and general all-round ability with a proven financial hardship, who will embrace the culture of a rounded education and who is able to demonstrate that he/she would benefit from the opportunities that such an education would present'.*

Scholarship information and application form with further information can be collected from the General Office. Closing date for the scholarship is Friday November 4<sup>th</sup>.

**Stuart Bott**  
**College Principal**

## Business Manager's Report

Jan Prior

### STUDENT COUNCIL MND FUNDRAISER AND PRINCIPAL'S DAY

Thank you to the Student Council and the Parents' Club who ran the Motor Neurone Disease fundraiser and the Principals' Day on the last day of Term 3. Funds raised for MND were \$338.80, which was a fantastic effort by the Student Council and also Miss Corrin who supports the Student Leaders at the Secondary Campus.

Parents' Club also donated a free sausage sizzle for all students across P-12 and students wrote notes of appreciation in the Primary Campus for the Principals.



### 2017 BOOKSTALL - NOVEMBER 17<sup>TH</sup>

On Thursday November 17<sup>th</sup> 2016, the 2017 Years 7-12 Bookstall will be held at the Kyabram Bocce Club from 2:00 pm – 6:30 pm.

Thank you to the families who have returned the booklists. If you have any queries regarding booklists please do not hesitate to contact the office.

### IPAD PRIZE DRAW DATE GETTING NEARER

Kyabram P-12 College Council are encouraging parents to finalise payment of their 2016 Materials and Resources Cost.

Kyabram P-12 College works in close partnership with parents and the broader community to provide the best educational opportunities and outcomes for students both inside and outside the classroom. Through this partnership, parents make an important contribution to their children's education, in all its various forms to enrich the school's learning and teaching. The commitment from parents to contribute benefits students and results in improved achievement outcomes, wellbeing and engagement in learning. This is why parent contribution is highly valued by our College.

A mini-iPad prize (per family) will be drawn by the College Council President at the December Council meeting. To be eligible, 2016 materials and resource costs need to be paid in full by the end of November, or alternatively, an up to date payment plan is in place and has been followed.



For your chance to win an IPAD Mini simply have your 2016 Materials and Resources paid or be up to date with your payment plan by the end of November 2016. The winner will be drawn at the Kyabram P-12 College December 2016 School Council Meeting.



**WIN! WIN! WIN! WIN! WIN! WIN! WIN! WIN! WIN! WIN!**

# P-6 Principal Report

Kate Whitford

It is so good to hear positive feedback about our school and about the achievements of our students. Well done to everyone for representing our school in such a positive and cooperative way. This term we have already had many engaging learning opportunities and celebrations for our students : swimming; Robotics Incursion; Kinder Transition; Hot Shots Tennis; Division Basketball; instrumental excursion; Athletics and Grade 6 transition. Thank you to the staff, parents, volunteers and friends of our college who put in the extra effort to make these opportunities possible.

## ATHLETICS

Good luck to Jazmin Hill and Miller Griffiths who will compete against the best in Victoria on Monday, 24<sup>th</sup> October, at Lakeside Stadium in Albert Park.

## PINK RIBBON BREAKFAST

A reminder that our Annual Pink Ribbon Breakfast is next Tuesday, 25<sup>th</sup> October, starting at 8:00am. Come along and enjoy a cooked breakfast – bacon and egg roll, sausage in bread, toast or pancakes, tea and coffee. Cost is \$5 per person or \$20 per family. *All proceeds go to the National Breast Cancer Foundation.*

## SUN SMART- TERM 4

Please remind students to wear their school hat while playing outside. **Children must wear a blue school hat and are not permitted to wear a baseball style or coloured hat.** Parents please make sure your child's hat is at school at all times during Term 4, and is clearly named. Students without hats will be asked to sit in the designated shade area. **NO HAT, NO PLAY!**



## ARRIVING AND LEAVING SCHOOL DURING THE SCHOOL DAY

A reminder for parents to sign the book at the office if your child is late to school or leaving before the end of the day. Thank you to those parents who call, send a note or log on to Compass regarding their child's absence. This helps ensure our records are up to date and correct.

## SCHOOL ASSEMBLY

Thank you to our parents and friends who join us each Monday morning for our Prep-6 Assembly in the P-2 Community Building. It is wonderful to have so many people in the audience to hear messages and help celebrate our successes.

## PARENTING TOOLBOX

On Monday night I attended the first session of the Parenting Toolbox program held in our P-2 Community Building. It was nice to hear and share parenting stories with other people who face the same challenges and concerns. It highlighted to me that as parents we are not perfect and should not expect to get things right all of the time when it comes to our own kids. But we do all have one thing in common, we want the best for our kids and hope they grow up to be happy and confident. The next Toolbox session will be held on Monday 24<sup>th</sup> October at 7:30pm; if you have time I highly recommend coming along. If you would like more information please contact Judy at the office.

## P-6 Awards



Australian Maths Competition



**Congratulations to last week's award winners from last term and this week's award winners.**

**Mathletics**

## Grade 3/4 News

This week in grade 3/4 the children have been enjoying learning about and writing their own "Bio Poems". A bio poem is a simple poem written about a person, and it follows a predictable pattern. Bio poems generally don't rhyme, and they can be autobiographical or biographical. Here are some examples of bio poems from some of the very talented poets in 3/4:

Mitch  
Creative Intelligent Caring  
Son of Sharon and Darryl  
Lover of football, muscle and sports cars and Science  
Who feels joyful when with friends and family  
Who wonders if I'll find a dinosaur if I become a scientist  
Who fears being alone in the dark and hairy spiders  
Who would like to become a scientist, a celebrity and travel France  
Who is able to draw cool pictures and kick a football a long way  
Who dreams of being rich and having a big car collection  
Resident of Kyabram, Victoria, Australia  
Wright

Will  
Smart, cool, fun.  
Son of James and Lou, brother of Sophie, cousin of Lachlan and friend of Ashley, Raya and Max.  
Who loves family, cats, and trucks.  
I am happy when I'm with my cat. I am sad when I don't feel well. I am excited when it's Christmas.  
I am scared of falling. I am scared of dying. I am scared of the dark.  
I have accomplished riding my bike without training wheels.  
I want to go to Monster Jam.  
Kyabram,  
Victoria.  
Seedsman

Gemma  
Daughter of Stu and Sue.  
Sporty, playful, honest, happy.  
Lover of cute dogs, netball, smell of petrol and Christmas morning.  
Who wonders if aliens are real.  
Who feels mad when brothers annoy me, excited at Christmas and happy with friends.  
Who fears elevators pitch darkness at night and big slimy snakes.  
Who would like to go back to the relaxing in Fiji and go to Queensland.  
Resident of Kyabram  
Joyce

## Grade 5/6 News

The last few weeks have been very busy for 5/6 students as they have been involved in the completion of the Government Election Project. Students made up political parties and ran a 2-week campaign to win the right to run their campaign promise. Every student had to vote and the preferential voting system was used. The students were highly engaged in this team activity, giving every student the opportunity to show their expertise in different areas. Each party had to produce a logo, slogan, poster, news report, advertisement or flyer, "How to Vote" card, campaign video and a speech. The winning Party was "ICY SPORTS" who will run sport and provide icy cups to the 5/6 students in the next few weeks.

This term we will be covering economics through our Marketplace Immersion. Students have started preparation, and business trading will begin in week 5 every Friday from 11:30am until 12:30pm. Please come a long and witness the students working together.

During Week 2 and 3 the Grade 6 students each had a 2 hour transition session over at the secondary campus. This is the beginning of their preparation for Year 7 in 2017.

On the 30<sup>th</sup> July, 27 Grade 5/6 students competed in the Australian Mathematics Competition. At the assembly this week the students received their certificates and results. The following nine students should be congratulated as they received Credit Certificates: Steven George, Ella Kightly, Sam West, Stevie Childs, AR Tesero, Jarrod Berry, Lachlan Wright, Sam Campbell and Riley Locke. thirteen students received Proficiency and five Participation Certificates. These are some of our best results over the last few years.

## BASKETBALL TOURNAMENT Brayden Hall

On Thursday, 13th October eight grade 5/6 boys went to a basketball tournament in Echuca. We played five games and in our first game we had a great win 12 to 8; our best player was Michael. In our second game we lost 18 to 4; our best player for that game was Noah. In our third game we drew 6 to 6; our best player was Miller. In our fourth game we had a great win 9 to 4; our best player was Charlie. In our last game we had a loss 23 to 4; our best player was Will Burnett. Thanks to the parent helpers on the day and a special thanks to Mrs Pearson for coaching the boys. Well done boys.



## 5/6 REWARD SYSTEM

As part of the 5/6 Reward system, students earn "Ky Cash" if they are caught following our values. This is added in a bankbook. At the end of the week, there are items auctioned off for students to purchase with their money.

Last week class 5/6A had a special guest auctioneer in Brendan McConnell from First National Real Estate come in and conduct the auction. Brendan also donated some items towards the auction.

Thanks to Brendan for donating his time and explaining to the students how an official auction really works.

## Primary Athletics

Well done to the seven students that competed in Bendigo last Monday at the Regional Athletics. We had some fantastic results. Our 10 year old girls relay came 5<sup>th</sup>, Paige Billing came 3<sup>rd</sup> in discus, Jaz Hill 1<sup>st</sup> in triple jump and Miller Griffiths 1<sup>st</sup> in High Jump. A huge thank you to all off the parents that drove over last week, it is great that these children have this support. Also thanks to Weggie for going and supporting.

Miller and Jaz will now go on to compete at the State competition in Melbourne next Monday. Good luck Miller and Jaz!



## Coming Up:

Friday 21<sup>st</sup> October - District Tennis Tournament at Kyabram Lawn, first matches at 9.30am

Thursday 10<sup>th</sup> November - 3/4 T20 Blast Cup (Cricket) at Moama (leaving school at 8.30)

Friday 11<sup>th</sup> November - 5/6 Blast Cup (Cricket) at Moama (leaving school at 8.30)

Wed 16<sup>th</sup> November and 23<sup>rd</sup> November - 3/4 Jets Gymnastics and Go Jump excursion

## Book Club

ISSUE 7 is due back this week, Friday 21<sup>st</sup>. Any parents who wish their orders to be kept aside for a special occasion just put your phone number on the order with a brief note and you will be contacted about collection. Thankyou Cheryl and Anna

# Music Count Us In

Grade P-6 students have been involved in preparing for a nation-wide event called MUSIC COUNT US IN by learning the song "Let It Play". This project aims to encourage anybody to join in singing and playing music. Our students are keen to have a good old sing and especially, to sing at the peak event which is at **12.30p.m. on Thursday 3<sup>rd</sup> November.**

Families are welcome to come along to the P-1 building where our students will gather to sing and play the song "Let It Play". We sing promptly at 12.30p.m. so please arrive around 12.20p.m. to collect your song lyrics and join in. We sing at the same time as every other school involved around Australia even though we are in Kyabram. The concept means around a half a million people will be singing and playing this uplifting song at exactly the same time, no matter where they are in our country.

COMING EVENTS for most MUSIC STUDENTS:

Bush Market November 3<sup>rd</sup>.

Primary Singers at Carols Dec 22<sup>nd</sup>.

Evening Garden concert time to be announced.

## 7-12 Principal Report

Danny Walsh

To raise awareness of dyslexia, we have a number of students participating in the Make it a Red Letter Day competition for children between the ages of 5 and 18 years.



Entrants must write a Red Letter about dyslexia to a Politician, School Principal, Teacher, the Media or a person they feel may have an influence in creating change for dyslexia. These letters will be heartfelt and tell the receiver about the struggles that are faced every day by dyslexic learners and they will ask for change at a school, state and national level.

The 'Red Letter' can be in the form of a letter, poem, story, drawing, painting or similar creative piece. We encourage our entrants to think 'outside the square' and use their creative imagination. We also encourage our entrants to not use spell or grammar checking options. Once written/created submit an image of the 'Red Letter' with an entry form by email to [myredletter@gmail.com](mailto:myredletter@gmail.com) then send the letter to its intended recipient with a copy of the cover letter.

Feel free to also send a copy to a local newspaper, radio station or television station in order to amplify the message. For many dyslexic learners who struggle with self-consciousness and anxiety, for them to write, address and attach a stamp to a letter asking for change will be an immeasurably powerful message and is at the very heart of this initiative. If sharing on social media you can use #myredletter and #dyslexia to help build awareness.

Sponsors have donated over \$10,000.00 in prizes, please go to the [Sponsor](#) page to learn more about them and support them.

### **ICE Education for families**

Last week I attended an ICE education program for families at KCLC run by BreakThrough, who help families identify if loved ones are using ice and their patterns of drug use. They also provide practical strategies about talking to loved ones about their drug use, managing challenging behaviours and recognising the need to look after yourself. Information on where to access additional help and support is discussed.

The BreakThrough program covers three topics:

#### **TOPIC 1 FACTS**

What is ice? Why do people use it and why does it cause problems for them, their families and the broader community? BreakThrough explains the effects ice has on the brain and the relationship between drug use and mental health. They also explore the process by which people decide to seek help for their drug use and how families can support these decisions.

#### **TOPIC 2 STRATEGIES**

BreakThrough isn't just about ice. They provide practical strategies to help family members discuss drug use, set boundaries, develop safety plans and work on self-care. Managing challenging behaviours and keeping family members safe and functioning during difficult times is also discussed.

### TOPIC 3 HELP

BreakThrough provides families with the skills and knowledge to navigate the drug treatment system and obtain the best possible outcomes for loved ones. They explore some of the barriers to seeking help and how to overcome these. All participants will be given information about ongoing support activities.

To register to attend a BreakThrough session, go to [http://www.turningpoint.org.au/Media-Centre/Latest\\_News/Ice-education-for-families.aspx](http://www.turningpoint.org.au/Media-Centre/Latest_News/Ice-education-for-families.aspx)

For immediate 24 hour/7 day a week support contact:

**1800 ICE ADVICE: 1800 423 238**

**Family Drug Helpline: 1300 660 068**

## SOUTHERN CROSS CULTURAL EXCHANGE

Congratulations to Emily Bassett from Year 10 on her recent selection to participate in a student cultural exchange to Italy from October 27<sup>th</sup> to January 19<sup>th</sup>. As part of her exchange, she will live with a volunteer host family and attend the local school.

## VCE HOLIDAY CLASSES

Over the holidays, a number of VCE revision classes were conducted. It was great to see the majority of students make an effort to attend these classes to give themselves every opportunity to do their best. Thank you to the VCE staff who made themselves available to help our students during their holidays.

## LEARNING CURVE NEWSLETTER ARTICLE

The following article is from the Learning Curve, which is in line with the Secondary student planner. I hope you find it valuable.

### Leading up to exams/staying focussed

Adolescence is a period of time in which students' capacities to stay focussed on the job at hand and ignore distractions are often tested. For younger students this week focusses on assisting them to build resilient habits to ignore distractions both at school and at home. For Senior students the focus is on assisting them to prioritise what they do to prepare for their assessment and exam periods. Different education systems have their assessment and exam periods at differing times and this and upcoming wellbeing builders in the senior program are best taught prior to these periods.

Distractions can arise from many things in the classroom and in student's lives:

- Not being in the 'learning zone' and having other things competing for their attention.
- Natural curiosity often displays itself in class and activities as being easily distracted by what's happening around them in the group; unfortunately this is more times than not treated as a discipline issue.
- A lack of prioritising and not placing preparation for assessment and exams high on their list.
- Their image and how they believe they should act in class to win peer acceptance.
- Having fixed mindsets and lacking grit to push themselves to accept and overcome challenges.

Students need to be explicitly taught how to reflect on when and why they are distracted so that they connect to the moment to be mindful of their main distractors. This will enable them to focus on the right things using their signature strengths. A proactive approach is to engage their curiosity by providing them with opportunities to relate what the class is learning to their interests and their worlds. This may mean that there are quite a number of different directions being pursued in class, but this is where rich learning occurs and distractions are minimised.

## YARD MAINTENANCE WORK

If you are available to assist with clean up/maintenance at the College could you please contact me by email ([walsh.daniel.m@edumail.vic.edu.au](mailto:walsh.daniel.m@edumail.vic.edu.au)) or by phoning the College. We have a number of areas that require attention such as painting, pruning, edging and brushcutting.

## Round 1

### Intermediate Cricket



On Friday 7<sup>th</sup> October our Intermediate Boys took on St Augustines in the 1<sup>st</sup> round of Intermediate Cricket, hoping to advance to the next stage on the 14<sup>th</sup> October in Nathalia. After being sent in to bat the boys were reeling on 4-32, but some big hitting from Riley Ironside (32, 4 sixes), a steady innings from Jackson Hicks (14) and some composure from Elijah Gillie (61), the boys got to a defensible total of 165. The boys never looked in trouble defending the total with Bailey Waasdorp taking 3-1 and Cooper Vick taking 2-2, skittling the St Augustines team for 80.



### Junior Cricket

On Tuesday 11<sup>th</sup> October we sent a Year 7 and Year 8 boys cricket team to Nathalia to take part in a Super 8's cricket tournament. The day proved to be pretty successful with our Year 8 side finishing 3<sup>rd</sup> overall. Our year 7 team went through the day undefeated, winning the Grand Final against St Mary Of The Angels in a thrilling bowl off. After finishing the game with scores level (6-46), every player that bowled during the game got a bowl at the stumps with our boys prevailing 3-2. Thankyou to Mr McCready for driving the bus!



## Round 2 Intermediate Cricket

A week after our Inter' boys' triumph over St Augustine's they were off to Nathalia for round 2 of Intermediate cricket. In their first game the boys won against Nathalia S.C pretty easily, restricting their opponents to 71 with Jonathan Pearson (3-4) and Daniel Anderson (2-0) the stand out bowlers.



The boys chased down the total with relative ease with Aidan Robinson (18) and Billy McLay (37\*) the stand out batsmen. In the final against St Mary Of The Angels our bowlers were brilliant in dismissing a quality batting side for 94 (Billy McLay 3-15, Daniel Anderson 2-12) but were left 2-7 after a chase for quick runs early was dismissed by the opening bowlers. A brilliant captain's knock from Billy McLay (49), and some composed batting from Aidan Robinson (14) and Elijah Gillie (28) saw the boys pass the total 4 wickets down with 2 overs to spare. Thank you to Mr Ogden for driving the bus!

***The next stage for both our Intermediate and Year 7 Boys will be held in Strathfieldsaye on Monday 24<sup>th</sup> October.***

## COLLEGE NEWS

### Uniform Shop

Parents' Club have set up a second hand uniform shop catering for all students in the school from Prep to Year 12. Uniforms will be available at a much lower price than they can be bought for new.

If your child has outgrown any of their uniform items or is leaving the school, you may choose to donate the uniform to the Parents' Club. Money raised by the Parents' Club is used in the school to improve facilities and support programs. We hope the uniform shop will be a source of funds for them to continue their invaluable work in our school.

**For anyone interested in coming to have a look at what is available, the uniform shop will be open each Friday from 8:45 to 9:15am in the Primary Campus Office.**

# CANTEEN ROSTER

## PRIMARY CAMPUS

### OCTOBER

Mon	24	Jo Doolan
Tue	25	Amelia Kohn
Wed	26	Tanya Smith
Thur	27	Sharon Pell
Fri	28	Help Please

### NOVEMBER

Mon	31	Anna Hooper
Tue	1	<b>MELBOURNE CUP DAY</b>
Wed	2	Kristy Rayner
Thur	3	Denise White
Fri	4	Help Please

## SECONDARY CAMPUS

### OCTOBER

10:30-11:45am    1:00-2:15pm

Mon	24	Help Please	Help Please
Tue	25	Natasha Doherty	Natasha Doherty
Wed	26	Help Please	Help Please
Thur	27	Help Please	Help Please
Fri	28	Help Please	Help Please

### NOVEMBER

Mon	31	Help Please	Help Please
Tue	1	<b>MELBOURNE CUP DAY</b>	
Wed	2	Help Please	Help Please
Thur	3	Help Please	Terri-Anne Coburn
Fri	4	Carolynne Hubble	Help Please

## Secondary Canteen News

Vegetarian lunch items can be ordered from the canteen if orders are placed at recess. Currently we have available salad rolls, salad boxes, vegetarian pasties and cheese and spinach vege rolls.

## 2017 Spectacular Registrations

Are you a year 7- 12 singer or do you play an orchestral instrument? A wonderful opportunity awaits, if you want to try, and can get to Melbourne for weekly rehearsals during 2017.

Expression of Interest for individual audition bookings open on Monday 17 October. The link will be available at [www.education.vic.gov.au/spectacular](http://www.education.vic.gov.au/spectacular) and also on the Spectacular Facebook site [www.facebook.com/performingartsunit](http://www.facebook.com/performingartsunit)

For any further information speak to Sue Meeking at school or follow the links given here.

## Art Opportunities In Shepparton:

### Ghosts, Ghouls and Magical Spirits: Clay Workshop

Saturday 22<sup>nd</sup> October, 10:30am to noon  
6 to 9 year olds

Make your own spooky ghost sculpture from ceramics inspired by Nell's major installation *The Wake* (pictured above) - just in time for Halloween.

Cost: \$18 (Friends \$15)

Tutor: Kaye Poulton

### Monster Mashup: Clay workshop

Saturday 22<sup>nd</sup> October, 1:30 to 3:30pm  
For 10 to 15-year-olds

Taking inspiration from Nell's *The Wake*, make your own spooky monster or ghost sculpture to help you scare your friends this Halloween.

Date: Saturday 22 October

Cost: \$23 (Friends \$20)

Tutor: Kaye Poulton

**Ring to book: 03 5832 9861**

## Celebrating 15 Years of Chaplaincy at Kyabram P-12 College

A successful Chaplaincy Fundraising Dinner last Thursday night saw 190 people inspired by guest speaker the Honourable John Anderson, former Deputy Prime Minister of Australia. John asked, 'What are we passing on to our children?' and spoke of privileged societies going deeper into debt because of a self-centred attitude. He told the audience of a time in his life when he had needed a school Chaplain after hitting the cricket ball that struck and killed his sister, and how Chaplains have an important role in schools. A big thank you to our waitresses, musicians and all those who support Liz and the Chaplaincy Program in our college.

Thank you,  
Christine Anderson  
(Secretary Kyabram P-12 College Access  
Ministries Chaplaincy Support Group)



# One and All Deb Ball

Madeline Hall (Yr 9) participated in the One and All Deb Ball in Echuca on Friday night, 14th October. This biannual event partners kids/young adults from the Echuca Specialist School and Murray Human Services with volunteer youth from the district. Maddy partnered Liam from the Echuca Specialist School and spent 2 1/2 months travelling to Echuca for deb training. Maddy was the only student from Kyabram P12 College as the rest were from Echuca College. Maddy loved making new friends and enjoyed learning new dances and would encourage anyone who is interested in fostering inclusion in our community to contact Sharnee from the One and All Inclusion Project.

Maddy is pictured here with her partner Liam.



## Wellbeing Corner

Barb Buckell & Bron Lolicato

**GO IN AND HAVE A LOOK AT THIS VERY VALUABLE AND RELEVANT SITE TO SUPPORT YOU IN PARENTING YOUR CHILDREN.**



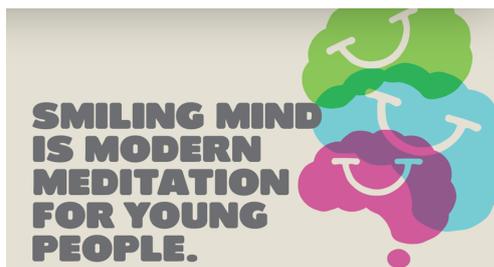
**Username: kyabram12**

**Password: 3619**

- There is an article about Emotional Intelligence and back by popular demand, [Mood Meter Program for Parents](#)- online course for parents.
- There is also an interesting article about when friendships go sour.

**TRY DOWNLOADING THIS APP. FOR FREE.**

Free guided meditation. This simple tool helps put a smile on your mind, any time, anywhere and everyday.



### YOUTH ANXIETY

I am really excited to present to you the first

### SchoolTV.me Issue

It is a great resource and we have it available to us as a free trial for several months.

Please go in and have a look at all it provides.

You will even see they have personalised it with Barbra Buckell and Bronwen Lolicato there as contact persons within the school for any parent to make contact. Please do this if you need to.

## Happy Families

**A Sustainable Model For Creating A Happy Family No Matter What**

The program will be a mix of instruction, principles, generative dialogue, experiential activities, practice, take home tools and more, all geared towards cultivating families that are happy regardless of what is going on in our lives: because we believe this is possible. Topics covered include Theory U, nutrition, HANDLE®, awareness practice, the science and heart all wrapped up into an effective approach.

**Date:** Wednesday 2nd November

**Time:** 9am—3pm

**Venue:** Quest Apartments  
25-29 Heygarth St  
Echuca

This session is free for carers  
\$100 for professionals

**Who is this program relevant to?**

Parents, teachers, care-givers,  
support workers, community  
workers, and allied health  
practitioners

If you would like to register for this training please contact Tash at Carer Support Services on 03 54547719 or email [nharrick@bendigohealth.org.au](mailto:nharrick@bendigohealth.org.au) Before Friday 21st October 2016  
Morning Tea & Lunch Provided



**Presented By:**



# COMMUNITY MATTERS

Girgarre Community Cottage

## Girgarre Open Garden Festival

Sunday 23rd October 2016 10.00am-4.00pm

- 7 spectacular gardens to view
- Permacultures demonstrations
- Vintage afternoon tea at 'BONSHAW' (from 1.00pm)

Garden Passes to be purchased on day at Girgarre Community Cottage

27 Olympic Street (open at 9.45am)

Passes also available at Gardens

Entry \$15

Accompanied children free-No dogs

Further Information

Girgarre Community Cottage ph. 5854 6482

Email: girgarrenh@bigpond.com



Major fundraiser for the Girgarre Community Car

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Carer Support Services on  
03 54547719 or email  
nharrick@bendigohealth.org.au  
Before Friday 21st October 2016  
Morning Tea & Lunch Provided



Presented By:



Penny Jacobson & Mary E. Robson  
mary@compassionate-therapy.net.au  
www.compassionate-therapy.net.au



## PORTSEA CAMP

Applications are now open

Dates: 11th January - 17th January 2017

Age: 9 - 12 years old

Cost: \$327 per child

For further information please contact Avis Weller on  
5854 6383 / 0409 438 386

## Register now!

### Monster Garage Sale Sunday, November 6

It's time to clean out those garages and help support a great cause with The Gift's Monster Garage Sale just around the corner.

An annual event, you can join in the fun and include your garage sale for just \$30, with all money going towards The Gift.

Balloons for registered houses will be available from the Blue Brick Hotel during the week of the garage sale.

A list of addresses and a map will be printed in the Ky Free Press on Wednesday 2 November.

To register or for more information, phone Liz on 0438 521 229 or Claudia on 0409 886 929.

Last registrations taken strictly by 11am, Monday 31 October.

**THE GIFT**  
SUPPORTING PEOPLE THROUGH CANCER

Enjoy School Sports And Relays?

Give Kyabram Little Athletics A Go!

Wednesdays at 4.45pm  
Ky P-12 College Secondary oval

Age groups - Under 6 to Under 15

Registrations and information available on  
night  
Athletes must be registered and paid to  
compete

For all information please contact Claudia on  
0409 886 929 or

 Kyabram Little Athletics

If Little Athletics is cancelled, we will update our  
Facebook page and notify schools.



## DILLMAC ANNUAL ENTERTAINMENT Showcase

2016

SHOWCASE A Friday 21st October 7.30pm  
SHOWCASE B Saturday 22nd October 10.00am  
SHOWCASE C Saturday 22nd October 1.30pm  
SHOWCASE D Saturday 22nd October 7.30pm

TICKETS: \$17

www.trybooking.com  
search "Dillmac"

Venue: Kyabram P-12 College Hall  
Fischer Street Kyabram

Celebrating  
**15 YEARS**

showcasing our current students and welcoming back past students and tutors!  
Contact: 58521358 or andrewmoore@dillmac.com

# Kyabram CLUB



Proud to be a Silver Donor  
Lou & Angela De Palma  
Proprietors  
Ph (03) 5831 1066  
[www.sheppfresh.com](http://www.sheppfresh.com)



Goulburn Murray  
Credit Union  
customer owned banking

**M & S Group Accounting**

**Ky Valley Dairy**

**Dunstall Rural Supplies**

**JAG Plumbing**

**Kyabram Bakery**

**Subway**

**Salter's Panel Repairs**

**Walker Real Estate**

**McConnell Real Estate**

**Bakers Delight**