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IMPORTANT DATES NOVEMBER

6

Wind Surfing/Paddle Boarding Yr 9

Cows Create Careers Yr 9

Bush Market Performance

10

Yr 10 Mock Interviews

11

Remembrance Day

Yr 10 Mock Interviews

Yr 11 Last day of Classes

Indigenous Careers Day at Echuca

12

Lifeskills Excursion

Music Expo Concert

13

Parkland Golf Yr 9 Outdoor Rec

16-20

Transition Week Yrs 7-12

17

College Council Meeting

18

Lifeskills Family Night

19

Bookstall Yr 7-11

19-20

Gr 3/4 Aquamoves

19-22

HPV RACV Energy Breakthrough

20

Peer Support Training

Last day of Secondary Classes

Year 12 Graduation Ball

23-25

Domain Days for Yr 7-10

Term 4 Issue 24

Principal's Report

"Excellence Through Opportunity"

Dear Parents and Friends,

SHADE STRUCTURES

It is with great pleasure that I can inform the College community that our playground shade structures are all in place. The last area was completed over the Melbourne Cup weekend and now we have three significant areas for our younger students to play under in all weather conditions. I would like to acknowledge the great support the College has received from Dale Denham and from Ky Steel's Damian Watson.

PEER SUPPORT

Our successful 'Peer Support' program for Year 7 students will run for all of first term next year. Peer Support is a program that promotes leadership qualities, physical activity and social skills amongst our Year 11s (2016) while working with the Year 7 students of 2016. The Year 7 students see this as a fun program that helps their transition into Secondary School by building relationships with Year 11 students and other Year 7 students. The focus of the program is to support Year 7 students during the first few months of the year and also to provide a senior student as a friend to talk to if the need arises. Two to four Peer Support Leaders will work with a group of eight to ten Year 7 students during term one. The groups meet once a week and are involved in a variety of activities and games. Students who elect to become a Peer Support Leader undergo training to learn how to support our younger students and how to run activities that promote positive relationships within the school. The training day will be held on Friday November 20th at the Fauna Park Education Centre. It is a fun day of learning and practising to be a Peer Support Leader. The training involves an explanation of what being a Peer Support Leader entails; activities are demonstrated by trainers and students are given an opportunity to plan and run some of the activities as part of their development as leaders. Students who satisfactorily complete the day will be accepted as Peer Support Leaders for 2016. The goal of the program is to help Year 7 students to feel comfortable in their new environment and to also make their secondary experience a great experience.

Becoming a peer support leader provides Year 11s with the opportunities to develop:

- leadership skills such as communication, decision making, organisation and managing groups.
- social skills including planning, initiative, cooperation, self-esteem, confidence, relationship building, teamwork and peer support.
- satisfaction through assisting younger students.
- skills to increase the participation of younger students.
- skills that will assist with managing and running groups.
- relationships with teachers and the school community.

Year 7 students have the opportunity to develop:

- *increased participation and skills in physical activity.*
- *skills through modelling behaviour from senior student models.*
- *increased confidence, resilience and a sense of teamwork.*
- *physical confidence.*
- *increased interaction with older school students.*
- *their relationships with peers.*

YEAR 10 WORK EXPERIENCE

Once again, Kyabram P-12 College students excelled themselves during their work placements both locally and in Melbourne. This semester catered for 65 students, of whom 28 had placements in Melbourne. Students were accommodated in North Melbourne and to their credit, expertly navigated the public transport system to their work places.

Students' interests were catered for in the diverse range of placements on offer. These included: working with palaeontologists on fossils from New Zealand at Monash University; mixing music at a recording studio; assisting actors at Red Stitch Theatre; observing cutting edge research at St Vincent's Hospital where customised brain and muscle cells are developed using 3D printers, and work in so many other areas. The staff at Caterpillar in Clayton offered work over the holidays to one of the students interested in becoming a diesel mechanic and advised him to apply for one of the apprenticeship positions for 2016.

Local employers also generously supported our students with placements in their businesses and organisations and provided them with valuable skills and insights into the world of work. The feedback from both employers and students was very positive, highlighting the importance of this program in the college. I would like to thank all the teachers and staff who have supported the students during this program and especially the staff members who travelled to Melbourne with our students last week. Please read below a students' encounter.

My week of work.....

In the last week of October, I completed my work experience with the ACES team down at St Vincent's Hospital, and what these guys do is pretty amazing. They were all doing their own little projects but somehow all the projects tied together.

One of the things that blew my mind was that they were re-constructing a small part of the brain after surgically removing it to stop epilepsy and allow the person's brain to function normally. The process involved recreating the chunk of brain taken from the person onto a computer program. Cells were then extracted from the person, and placed into a gel like liquid. This gel was placed into the homemade 3D printer and then, layer by layer, the delicate piece of brain is created. Personally I found this quite amazing. Another project they were doing was creating muscle tissues with the person's cells in it to assist with muscle transplants.

The week I spent here was remarkable, the people were really caring, I did some experiments with some Med students, went around the neuro ward with the nurses and lastly, I learnt a ton. So all up it was a really, really good experience!

Siarn Brown

YEAR 10 MOCK INTERVIEWS

Each semester the College holds Mock Interviews for students studying Careers. The Mock Interview program gives our young people a chance to discuss their career options with members of the business community, while experiencing a job interview. The program is organized in co-ordination with Campaspe Cohuna Local Learning and Employment Network. The core components of the Mock Interview program are: confidence; employer expectations; personal presentation; manners and etiquette; and communication. At the conclusion of the program students in Year 10 will have a template for writing a job application and preparing a resume that they will be able to use in the future. Well done to all involved in the organisation of next week's interviews and a special thank you to our local employers and businesses for their support.

FLYING START

As our Year 12s and other senior students studying Unit 3/4 work their way through the VCE examinations, our Year 11 students will finish classes next Wednesday and start their internal exams on 13th November. The VCE exams finish on the 18th November and Year 11 examinations finish the next day on the 19th. The Flying Start program begins on 26th November for all students in Years 7-11 and the program provides students with an opportunity to experience their new subjects and to prepare for 2016 classes. The extra time is of considerable benefit to our VCE students and gives them a great insight to the rigorous VCE program that they will experience in 2016.

Chris Eeles

Acting College Principal

Years 7-12 2016 Bookstall

Kyabram P-12 College will be having their Bookstall for years 7-12 on Thursday 19th November 2015.

The details are as follows:

**Thursday November 19th 2015
12noon to 6.30pm
at the Bocce Club**

- Campion Staff will be present on the day to process your book orders and payments. The full cost of books ordered is required on the day. Please pay with cash or credit card. Cheques cannot be accepted.
- Kyabram P-12 College office staff will be available to assist with payment arrangements and queries. Arrangements for paying off school costs for Years 7—12 students can be made at the Bocce Club on November 19th.
- If you are eligible to receive Camps and Excursion Fund for 2016 please bring your Pension or Health Care Card with you on November 19th.
- Parents can now make payments towards School costs using Centrepay. Centrepay is a free direct bill paying service available to customers who receive a Centrelink payment. Forms will be available on the day to register for this service.
- Other methods of payment available towards school costs are cash, credit card, Eftpos and B-Pay.

PARENTS PLEASE NOTE: All orders (other than Pre-Paid) not collected on the selling day will be returned to Campion unless prior arrangement has been made with office staff.

Primary Materials and Resource Costs

More information about 2016 Materials and Resources costs will be sent home to families before the end of November.

P-4 Awards



Congratulations to this week's
award winners.

Excellence Through Opportunity

P-6 Assistant Principal Report

David Jenner

TEACHING AND LEARNING

Can you believe that we are already half way through Term 4! Our teachers and students are currently working through a variety of activities across all grades. On Monday our teachers participated in a Professional Development Day where one of the main focuses was around Differentiation of teaching and learning practices. Teaching with Differentiation means understanding and adapting your teaching accordingly to the needs of each individual student. Everyone has different ways in which they learn best. It is a matter of working out which learning style is best for each individual student. Establishing this will then give everyone a better opportunity to reach their full learning potential.

5/6 CAMPS – SOVEREIGN HILL BALLARAT

Last week our Grade 5/6 students travelled to Ballarat for their school camp. Our students gained an understanding of what school was like during the Gold Rush era.

You will see in the photos below the costumes that our students wore throughout the course of the school lessons which also included using ink wells and sand scribing, and also some firm discipline strategies (all acting and pretend of course!).



PREP – 2 SHADE STRUCTURE

Last weekend the last of our 3 shade structures was assembled over the Prep – 2 playground. We are very excited to now have all of our three playground areas covered at the Primary Campus. Our students will now be protected from the hot sun in summer, and from the slippery dew in winter. We will now begin to tidy and further improve the playground areas.



Grade 2 News

Grade 2 students have been learning about division in Maths – sharing objects and dividing into equal groups, and solving problems by modelling or drawing their divisions. They have been practising writing equations from pictures and the reverse, drawing pictures to show what set equations mean.

Our reading groups continue to make good progress, especially with those children who read at home regularly. Did you know that a grade 2 student who reads for just 15 minutes a day will read over half a million words in that year?

Year 5/6 News

Market Place

Thanks for the students who have been bringing catalogues for our Marketplace unit. We will begin to set up our businesses this Friday and hopefully start fully trading next Friday.

Sovereign Hill

Our students had a brilliant time at Ballarat, attending a school in Sovereign Hill while staying in the Log Cabin Camp at Creswick. Students have a form which enables them to order a photo of themselves and/or a class school photo online. We can also provide students with some photos we took if they bring in a memory stick.



Miller Sets Bar High

Congratulations to Miller Griffiths who won a bronze medal for his jump of 1.29m in the U10 Age Group for High Jump at the School Sports Victoria State Championships. Miller will be now part of the Victorian team which competes in Canberra in early December.

Children's Week – Let's Read.

Primary Singers were great sports on Tuesday, 27th October by responding to a last minute call for musical support at Children's week at the Community Garden. The Singers provided background music and a rendition of our National Anthem led by some recorder players. The Singers were invited to join in a few fun activities and got to meet Councilor Howell and Member for Murray Plains, Peter Walsh so it was a very pleasant morning out.

Coming events for music students: Bush Market November 6th and EXPO Nov 12th, 7pm.



Singing Is Gold

P – 4 and some grade 5/6 and year 9 students had fun on Thursday, 29th October when we all sang the song GOLD as part of the National Sing project. You may have heard about this in the news.

Comments from students included:

What the song 'GOLD' means to me is (that) it makes the world a better place because of the song and it is really fun to sing with my friends and family.

Josh Dunn

When we sang the song 'GOLD' I felt it brought everyone who did it together. It was very exciting and I couldn't believe how many people came there to sing a song that some children wrote.

The song means that even though we are not the same we can share what we have and can change things.
Breanne Collier

State Schools Spectacular

The Education department are looking for students to audition for instrumental roles or solo performance opportunities through their Performing Arts department. Auditions will be held in November. See posters in school offices or speak to Mrs Sue Meeking, 0417721624, for details.

It is also anticipated that 20 dedicated singers from grades 5 and 6 will be able to sing in the mass choir in 2016. This group mainly rehearses here at school but performs in the big Spectacular event in Melbourne in September. See Mrs. Meeking if you would like to put your name in the hat for this amazing experience that we do every second year.

Physical Education

Sarah Mangan

Grade 1 and 2 students had some help with their tennis skills from some of the 5/6 students. This allowed them to hit a lot more balls than they usually would in a class as they had someone constantly feeding it to them. They did a fantastic job and all of the students have improved their forehand strike over the past few weeks, I was very impressed as it is one of the more difficult skills they learn. It has also been great to hear that the skills they are learning are being furthered outside of school with lots of students being involved in local Hot Shots programs.

This week in PE the 3/4s have participated in a LAPS clinic by Little Athletics Victoria and also a Cricket clinic from Alana from Cricket Victoria. Kyabram will host a T20 Blast match next Wednesday so if you want to know how to get involved or join a team please see Mrs Mangan.

REMINDER: Next week the 5/6 students begin their SEPEP Basketball Tournament please wear team colours for your PE lesson.

Being involved in organised sport is a great way to keep children active. Hot Shots and Milo T20Blast are just two of many opportunities our children have in Kyabram and surrounding areas. In class we have been discussing being active and why it is important. Have a look at some of the benefits:

- reduced risk of obesity
- increased cardiovascular fitness
- healthy growth of bones, muscles, ligaments and tendons
- improved coordination and balance
- a greater ability to physically relax and, therefore, avoid the complications of chronic muscular tension (such as headache or back ache)
- improved sleep
- mental health benefits, such as greater confidence
- improved social skills
- improved personal skills, including cooperation and leadership.



Parents can help their children to be physically active in a number of ways, including:

- Lead by example – be physically active yourself.
- Make sure that some family outings offer opportunities for physical activity, such as playing sport together.
- Encourage your child to walk or ride their bicycle for short trips, rather than rely on you to drive them.
- Support your child's efforts in sport. Make sure you're there at each match, cheering them on from the sidelines.
- Set time limits on sedentary activities like computer games and television.
- Consult with your child's school on ways to encourage greater participation in sports and physical activity

If you would like to read more on children being active this is the article the information came from: <https://www.betterhealth.vic.gov.au/health/healthyliving/sport-and-children>



7-12 Principal Report

Danny Walsh

YEAR 12 EXAMS

The following Year 12 Exams will be held at The Kyabram Bocce Club over the next two weeks. Good luck to all students and staff who have been putting in a huge amount of time and effort. I genuinely believe that our hard work, persistence and dedication will pay off in our team effort to achieve excellence for all.

	9am – 10:45am	11:45am – 2pm	3pm – 5:15pm
Friday 6th Nov	Specialist Maths 1	Literature	VET Interactive Digital Media
Monday 9th Nov	Agriculture and Horticultural Studies Art VET Business VET Furnishing	History: Revolutions	Outdoor and Environmental Studies Specialist Maths 2
	9am – 11:45am	2pm – 4:15pm	
Tuesday 10th Nov	Chemistry	Legal Studies	
Wednesday 11th Nov	Visual Communication Design	Physics	
	9am – 10:45am	11:45am – 2pm	3pm – 5:15pm
Thursday 12th Nov	Studio Arts		English Language
Friday 13th Nov	Food and Technology	Music Performance	Industry and Enterprise
Monday 16th Nov	Systems Engineering		
Wednesday 18th Nov	VET Engineering Studies		

GRUMMITT SCHOLARSHIP

The Neil and Mavis Grummitt Scholarship is now open and application forms with further information can be collected from the General Office or the 10-12 Village Office. Closing date for the scholarship is Wednesday 18th November.

The Annual Grummitt Scholarship has been generously donated by Neil and Mavis Grummitt and the awardee will receive a \$5,000 grant to assist with educational costs. Funds may be used over more than one year.

Applicants must be a current student of Kyabram P-12 College.

It is preferred that the awardee will demonstrate an interest in the field of Agriculture, the Arts (Music) or Teaching. However, special consideration may be given to other academic career aspirations, under the guidance of the Selection Panel.

Applicants will demonstrate a spirit of community within the College, be willing to help others, will be a role model for other students and participate in College and community activities and also represent the College without necessarily being a champion.

To be eligible, students would be studying Year 11 – 12 in the following year and have proven financial hardship. One or more students may be eligible for full or part of the annual scholarship amount.

Students wishing to apply should demonstrate an “exemplary attitude and a desire to learn”.

THOUGHTS ABOUT HELICOPTER PARENTS

Our job as parents is to put ourselves out of a job. We need to know that our children have the wherewithal to get up in the morning and take care of themselves.

So are you a helicopter parent?

Here are some tests:

1. **Check your language.** “If you say ‘we’ when you mean your son or your daughter — as in, ‘We’re on the football team’ — it’s a hint to yourself that you are intertwined in a way that is unhealthy.
2. **Examine your interactions with adults in your child’s life.** If you’re arguing with teachers and principals and coaches and umpires all the time, it’s a sign you’re a little too invested. When we’re doing all the arguing, we are not teaching our kids to advocate for themselves.
3. **Stop doing their homework.** Enough said.

How can parents help their children become self-sufficient? Teach them the skills they’ll need in real life and give them enough leash to practice those skills on their own. And have them do chores. Chores build a sense of accountability. They build life skills and a work ethic.

Julie Lythcott-Haims, author of "How to Raise an Adult: Break Free of the Over-parenting Trap and Prepare Your Kid for Success".

LEARNING CURVE NEWSLETTER ARTICLE

Exam day /brain fitness

For senior students this is another in a series on teaching them the most productive and effective ways to revise, prepare for and sit assessment tasks, tests and exams. Cultivating habits in them to consider all angles in their preparation and execution will benefit their performance and promote growth mindsets.

This week's lesson plan focuses on empowering students to approach exam/assessment day with a practised routine before and during the exam. Things to consider include:

- having adequate sleep
- having your family double-check dates and times
- eating a wholesome breakfast
- exercising for 30 minutes to spark the mind and body
- wearing loosely fitting and comfortable clothing
- taking a bottle of water
- sitting away from friends in the exam room.

For younger students, this week focuses on encouraging them to regularly exercise their brains to keep them fit and sharp. They will be introduced to numerous ways to do this including:

- thinking creatively about their interests
- using Habits of Mind and Thinking Tools daily
- looking for what is right in things
- thinking through their signature strengths
- playing Scrabble, Monopoly, cards, chess and other thinking games
- completing jigsaws.

YARD MAINTENANCE WORK

If you are available to assist with clean up/maintenance at the College could you please contact me by email (walsh.daniel.m@edumail.vic.edu.au) or by phoning the College. We have a number of areas that require attention such as painting, pruning, edging and brushcutting.

7-9 Community Report

Vivienne Thomas

YEAR 9 PROJECT PRESENTATIONS

Year 9 students will be presenting the project work that they have completed this semester to parents and friends on Friday, November 20th, starting at 11:30am in the Year 9 Community Building. Students have prepared for this event and would like to show you their work and answer any questions that you may have, a BBQ lunch will be provided. Please contact Vivienne Thomas if you would like to attend.

Photos from our Semester 1 presentations



COLLEGE NEWS

CANTEEN

PRIMARY CAMPUS

OCTOBER

Mon	9	Jo Doolan
Tue	10	Sharon Pell
Wed	11	Kristy Rayner
Thur	12	Claire Perrella
Fri	13	Cara Behncke

SECONDARY CAMPUS

OCTOBER

10:30-11:45am 1:00-2:15pm

Mon	9	Kylie Dixon	Help Please
Tue	10	Help Please	Help Please
Wed	11	Janene McCague	Help Please
Thur	12	Help Please	Jenni Serra
Fri	13	Carolynne Hubble	Help Please

Remembrance Day 11th November

Kyabram P-12 College would like to invite interested parents and community members to commemorate Remembrance Day in the College Hall, commencing at 10:45am on Wednesday, 11th November.

Bush Market - Friday 6th November

9 am -10 am Secondary students

10 am - 11 am Primary Students in this order: Recorder, Primary singers, Violin, Junior Band (brass, woodwind etc)

Families are welcome to watch the performances in the main street of Kyabram.

We ask you to refrain from providing treats for your child (sorry) as it is uncomfortable for other students who miss out. You are welcome to send normal snacks and please send along a water bottle and musical instruments and music books.

State Golf

On Friday October 30th, Cooper Gentle, Nathan Richards, Jarred Baker and Austin Baker competed at the SSV State Final for Golf which was held at the Gardiners Run Golf Course in Lilydale. The boys had a great day, finishing 4th overall in the team event and all finishing in the top 40 for the individual event. Thank you to the parents for driving the boys down and being a great support.

T20 Blast Campaspe Competition

On Wednesday 21st of October, our year 7 and 8 Boys cricket teams competed in the T20 Blast Competition held at the Kyabram Recreation Reserve. Our year 7 team participated really well and finished 3rd overall and the year 8s came first meaning they now advance to the West Regional Final in Melton on November 17th. Thank you to Miss Leahy and Marnie Blake for umpiring and coaching the boys.



House Cup Winners 2015

Congratulations to Allan House on winning the House Cup for 2015. Thank you to all students who worked hard to earn house points for all of their houses, this year was a fantastic effort. The winners of the 'Most Earned House Points' Award will be announced later this term.

Don't forget that house points earned for the rest of 2015 will count towards next years total, so make sure you keep up the fantastic effort!

COMMUNITY MATTERS



Interested In The Defence Force,
Then Join the Australian Air Force Cadets!

419 Squadron's *Open Day*



Saturday 14 November, 2015 @ 0900hrs (9am) – 1500hrs (3pm)

110 Sobraon Street Shepparton (Somme Barracks)

If you are Female or Male, aged between 13 and 17, you are invited to come to our recruitment and Open Day being held by 419 Squadron. You will find out about the Australian Air Force Cadets Organisation and how it can help you become a Cadet.

For more information on the Australian Air Force Cadets:

Barry Spencer Ph: 0417 532 275 Email: [ss0.419sqn@aaaf.org.au](mailto:sso.419sqn@aaaf.org.au)

www.aaaf.org.au



ART COMPETITION

An art opportunity for Indigenous people with a connection to community has come to our attention. Echuca Regional health is running an art competition with prize money. See Sue Meeking or your art teacher for more information.

THE PORTSEA CAMP

Applications are now open for the Portsea Camp.

- Dates: 11th January 2016 - 17th January 2016.
- Children aged 9 years to 12 years;
- Cost \$327.00 per child.

Applications close 10th December 2016. Late applications will not be accepted.

For further details please contact Avis Weller on 5854 6383 or 0409 438 386.

TWILIGHT TENNIS COMPETITION

FOR ALL AGES OF ALL
ABILITIES

Starting 6th November – 11th of
December

(Friday night for 6 weeks)

Teams of 2 boys and 2 girls

6pm start at Kyabram Lawn Tennis
Club

\$5 per person per night

Prizes up for grabs each week

Teams to

Melissa Clark

0409001181 by 2nd

November



INVITATION



The 'Violence Prevention - It's Everybody's Business' road show will
be in your area on the 6th of November.

Please register to attend this event, details below.

Speakers :

Luke Ablett – former footballer and passionate gender equity and violence prevention advocate.

AFL and CFA leaders - initiatives and action in football and fire fighting. And more...

Echuca – Friday 6th November, 2015

1.30pm – 4.30 pm Echuca Civic Centre Function Room
(Located in Law Courts) Heygarth St, Echuca

Please call 5443 0233



violence prevention
it's everybody's business



Lifestyle & Opportunity

COLLEGE CALENDAR

~ November 2015 ~				
Mon	Tue	Wed	Thu	Fri
2 PUPIL FREE DAY	3 CUP DAY HOLIDAY	4 Parent Forum Grade 3-6 in the College Library at 6:15pm - 7:15pm	5	6 Kyabram Bush Market Year 9 Cows Create Careers 10am - 2pm Wind Surfing & Paddle Boarding Yr 9 Outdoor Rec
9	10 Yr 10 Mock Interviews	11 Yr 10 Mock Interviews Yr 11 Last Day of Classes Indigenous Careers Day at Echuca Remembrance Day	12 Lifeskills Excursion Music Expo Rehearsal Music Expo Concert 7- 9pm	13 Yr 11 Exams Parkland Golf for Yr 9 Outdoor Recreation Class
16	17 College Council Meeting 7pm in College Library	18 Lifeskills Family Night 6- 8 pm	19 Bookstall Year 7-12 at the Bocce Club from 12:30pm—6pm	20 Peer Support Training Day - Yr 10 Last day of Secondary Classes for 2015 Year 12 Graduation Ball
			Aquamoves Gr 3/4	
			HPV RACV Energy Breakthrough	
Transition Week for Years 7-12				
23	24	25	26 Commence Flying Start for Years 7-11	27
Domain Days for Year 7-10				
30				
Prep Swimming Lessons				

Kyabram CLUB



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