



STUDENT PERSONAL HYGIENE POLICY

Rationale

To enable students with personal care needs to attend school, as education is a vital key to future success.

Aim

To assist students to manage their own personal hygiene routines where needed to enable a caring, supportive and flexible learning environment.

Implementation

- All students, including those with personal care needs, have the right to continue their schooling and are welcomed in our college.
- The student with personal care needs cannot be discriminated under any manner and must be provided with supportive and flexible opportunities.
- Assisting a student with the management of personal hygiene routines must be conducted in a manner that maximises the student's safety, comfort, independence, dignity, privacy and learning.
- Students may need personal care support due to; their age, developmental delay, medical conditions, short term circumstances (such as a broken limb in cast), and long term circumstances (such as complex medical care needs).
- The college will provide soap in student bathrooms, to assist with the prevention and control of infection. The manner in which soap is provided will be determined by the college. Hand sanitisers may also be provided in addition to, or as an alternative to soap.
- Students identified in need of personal care, will be involved in a step-by-step process of; hand washing, face washing, blowing and wiping their noses and menstruation management for those who need reassurance, verbal support or assistance.
- Students will be positively reinforced with any progress and will be reviewed where appropriate.
- Where appropriate, the college may choose to use a Hygiene Care and Learning Plan to maximise opportunities for students to manage personal hygiene tasks.
- The college will consider whether assistance and advice is required from specialists or support agencies.
- The college is able to provide wellbeing support and connect with support agencies as required.
- If a student is identified as having personal care needs, an appropriate Student Support Group will be formed to discuss the areas of concern and plan an outcome.
- Personal care support is daily living support that is usually provided by parents/guardians. If a concern is raised in regards to a student's personal care needs, the parents/guardians are to be contacted to discuss the area of concern. The student and their family are to be provided with appropriate support

and resources. If the situation cannot be managed in the home, students will be provided with assistance through the college.

- All personal hygiene management practices must also reflect occupational health and safety standards for the school.

Resources

<http://www.wiggleintohealth.com/hygiene.html>

http://www.webhealthcentre.com/HealthyLiving/personal_hygiene_index.aspx

http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/personal_hygiene?open

<http://www.education.vic.gov.au/management/governance/spag/health/caresupport/personalcare.htm>

<http://www.education.vic.gov.au/management/governance/spag/health/caresupport/personalhygiene.htm>

RATIFIED BY COLLEGE COUNCIL

_____ **Date:** ___/___/___
College Council President

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