

Prep plan — Victorian Curriculum: Physical Education



Implementation year: 2017

School name: Kyabram P-12 College

Prepared By: Sarah Mangan

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| Identify Curriculum | Phase curriculum focus and Year level description | The Foundation Level curriculum provides opportunities for students to learn through movement. The content enables students to develop and practise fundamental movement skills through active play and structured movement activities. This improves competence and confidence in their movement abilities. The content also provides opportunities for students to learn about movement as they participate in physical activity in a range of different settings, including indoor, outdoor and aquatic. | | | |
| | Achievement standard | By the end of Foundation Level, students recognise how they are growing and changing. They identify and describe the different emotions people experience. They identify actions that help them be healthy, safe and physically active. They identify different settings where they can be active and how to move and play safely. They describe how their body responds to movement. Students use personal and social skills when working with others in a range of activities. They demonstrate, with guidance, practices to keep themselves safe and healthy in different situations and activities. They perform fundamental movement skills and solve movement challenges. Source: Victorian Curriculum 14 September 2015 http://victoriancurriculum.vcaa.vic.edu.au/Copyright | | | |
| | Course Outline | Students study one hour of Physical Education per week in the Prep year. | | | |
| Teaching and learning | Unit Overview | Term 1 | Term 2 | Term 3 | Term 4 |
| | | FMS specific – PMP setup Week 1 - 9 Catch Kick Run Vertical Jump FMS Practise fundamental movement skills and movement sequences using different body parts and in response to stimuli in indoor, outdoor and aquatic settings (VCHPEM064) Use trial and error to test solutions to movement challenges (VCHPEM069) | THROW AND CATCH Cooperate with others when participating in physical activities (VCHPEM068) KICK FMS AP | GYMNASTICS/DANCE/SKIPPING RE Identify and describe how their body moves in relation to effort, space, time, objects and people (VCHPEM067) ATHLETICS FMS AP Run and Jump – go into term 4 Explore how regular physical activity keeps individuals healthy and well (VCHPEM066) | FMS AND GAMES FMS AP <ul style="list-style-type: none"> - Tabloid reminder (week 1&2) - Games (week 3 – 7) - Assessment (week 8-10) Participate in games with and without equipment (VCHPEM065) Follow rules when participating in physical activities (VCHPEM070) |

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| Develop assessment | Assessment | | | | | | | |
| | Unit 1 | | Unit 2 | | Unit 3 | | Unit 4 | |
| | Week | Assessment | Week | Assessment | Week | Assessment | Week | Assessment |
| | 2-3 | FMS Check list Pre Test | | Checklists throw | | Questioning in Evaluation | 5 | FMS Post test |
| | 8 | FMS Post-test – I can statements | | Checklist catch | | Questioning about Physical Activity | | “I can” statements – rules ect |
| | | | Checklist kick | | Teacher observations –Locomotor control | | Teacher observations | |

Prep Physical Education: review for balance and coverage of content descriptions.

| Movement and Physical Activity | | | | | |
|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | O |
| Practise fundamental movement skills and movement sequences using different body parts and in response to stimuli in indoor, outdoor and aquatic settings (VCHPEM064) | * | | | | |
| Participate in games with and without equipment (VCHPEM065) | | | | * | |
| Explore how regular physical activity keeps individuals healthy and well (VCHPEM066) | | | * | | |
| Identify and describe how their body moves in relation to effort, space, time, objects and people (VCHPEM067) | | | * | | |

| Movement and Physical Activity | | | | | |
|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | O |
| Cooperate with others when participating in physical activities (VCHPEM068) | | * | | | |
| Use trial and error to test solutions to movement challenges (VCHPEM069) | * | | | | |
| Follow rules when participating in physical activities (VCHPEM070) | | | | * | |