

Year 7 plan Physical Education Victorian Curriculum:

Implementation year: 2017

School name: Kyabram P-12 College

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Identify Curriculum	Curriculum Booklet Descriptor	HP071 and HP072 are semester-long subjects that are completed in Year 7. Both units consist of practical and theoretical components. In Physical Education , students will participate in a variety of activities in which they will use feedback to improve body control and coordination when performing specialised movement skills situations. Students will develop their understanding of the physical, mental, social and emotional benefits of participation in physical activity and develop strategic thinking and tactical knowledge to improve individual and team performance in competitive sports or games. They will undertake a variety of roles in team games (for example, player, coach, umpire or administrator) and reflect on their experiences. Students will participate in the following units: FMS Program, Fitness, Athletics, and a variety of sports-related units including, Basketball, Badminton, Soccer, Hockey, Super 8s Cricket, Softball and Swimming.
	Achievement standard	<p>By the end of Level 8, students investigate strategies and resources to manage changes and transitions and their impact on identities. Students evaluate the benefits of relationships on wellbeing and respecting diversity. They analyse factors that influence emotional responses. They gather and analyse health information. They investigate strategies that enhance their own and others' health, safety and wellbeing. They investigate and apply movement concepts and strategies to achieve movement and fitness outcomes. They examine the cultural and historical significance of physical activities and examine how connecting to the environment can enhance health and wellbeing.</p> <p>Students explain personal and social skills required to establish and maintain respectful relationships and promote fair play and inclusivity. They justify actions that promote their own and others' health, safety and wellbeing at home, at school and in the community. Students demonstrate control and accuracy when performing specialised movement skills. They apply and refine movement concepts and strategies to suit different movement situations. They apply the elements of movement to compose and perform movement sequences.</p> <p>Source: Victorian Curriculum 14 September 2015 http://victoriancurriculum.vcaa.vic.edu.au/Copyright</p>
	Reporting Descriptor	Students have developed skills needed for the safe participation of effective relationships, physical activities and games. Attitudes and behaviours which contribute to the safety and health of individuals and groups in our community were also investigated. Students addressed positive attitudes, values and behaviours towards physical activities, making it enjoyable and fulfilling.

Teaching and learning	Unit Overview	FMS Program Fitness and Minor Games Athletics	Badminton Basketball Netball (SEPEP is optional)	Volleyball Soccer Puck Hockey	Super 8's Cricket Baseball/Softball Swimming and Water Safety
	<i>Teaching Hours: 2 hours practical per week</i>	<p>Moving the body</p> <p>Use feedback to improve body control and coordination when performing specialised movement skills (VCHPEM133)</p> <p>Compose and perform movement sequences for specific purposes in a variety of contexts (VCHPEM134)</p> <p>Practise, apply and transfer movement concepts and strategies (VCHPEM135)</p> <p>Understanding movement</p> <p>Participate in physical activities that develop health-related and skill-related fitness components, and create and monitor personal fitness plans (VCHPEM136)</p>	<p>Moving the body</p> <p>Use feedback to improve body control and coordination when performing specialised movement skills (VCHPEM133)</p> <p>Compose and perform movement sequences for specific purposes in a variety of contexts (VCHPEM134)</p> <p>Practise, apply and transfer movement concepts and strategies (VCHPEM135)</p> <p>Understanding movement</p> <p>Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance (VCHPEM137)</p>	<p>Moving the body</p> <p>Use feedback to improve body control and coordination when performing specialised movement skills (VCHPEM133)</p> <p>Compose and perform movement sequences for specific purposes in a variety of contexts (VCHPEM134)</p> <p>Practise, apply and transfer movement concepts and strategies (VCHPEM135)</p> <p>Understanding movement</p> <p>Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance (VCHPEM137)</p>	<p>Moving the body</p> <p>Use feedback to improve body control and coordination when performing specialised movement skills (VCHPEM133)</p> <p>Compose and perform movement sequences for specific purposes in a variety of contexts (VCHPEM134)</p> <p>Practise, apply and transfer movement concepts and strategies (VCHPEM135)</p> <p>Understanding movement</p> <p>Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance (VCHPEM137)</p>

	<p>Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance (VCHPEM137)</p> <p>Participate in and investigate the cultural and historical significance of a range of physical activities (VCHPEM138)</p> <p>Learning through movement</p> <p>Practise and apply personal and social skills when undertaking a range of roles in physical activities (VCHPEM139)</p> <p>Evaluate and justify reasons for decisions and choices of action when solving movement challenges (VCHPEM140)</p> <p>Modify rules and scoring systems to allow for fair play, safety and inclusive participation (VCHPEM141)</p>	<p>Participate in and investigate the cultural and historical significance of a range of physical activities (VCHPEM138)</p> <p>Learning through movement</p> <p>Practise and apply personal and social skills when undertaking a range of roles in physical activities (VCHPEM139)</p> <p>Evaluate and justify reasons for decisions and choices of action when solving movement challenges (VCHPEM140)</p> <p>Modify rules and scoring systems to allow for fair play, safety and inclusive participation (VCHPEM141)</p>	<p>Participate in and investigate the cultural and historical significance of a range of physical activities (VCHPEM138)</p> <p>Learning through movement</p> <p>Practise and apply personal and social skills when undertaking a range of roles in physical activities (VCHPEM139)</p> <p>Evaluate and justify reasons for decisions and choices of action when solving movement challenges (VCHPEM140)</p> <p>Modify rules and scoring systems to allow for fair play, safety and inclusive participation (VCHPEM141)</p>	<p>Participate in and investigate the cultural and historical significance of a range of physical activities (VCHPEM138)</p> <p>Learning through movement</p> <p>Practise and apply personal and social skills when undertaking a range of roles in physical activities (VCHPEM139)</p> <p>Evaluate and justify reasons for decisions and choices of action when solving movement challenges (VCHPEM140)</p> <p>Modify rules and scoring systems to allow for fair play, safety and inclusive participation (VCHPEM141)</p>
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Develop assessment	Assessment				
		FMS Program Fitness and Minor Games Athletics	Badminton Basketball Netball (SEPEP is optional)	Volleyball Soccer Puck Hockey	Super 8's Cricket Baseball/Softball Swimming and Water Safety
		Assessment	Assessment	Assessment	Assessment
		Ongoing Observation and End Level	Ongoing Observation and End Level	Ongoing Observation and End Level	Ongoing Observation and End Level
		Comparison of Fitness Test results to Normative Data	SEPEP – Oral Presentation or Written Report regarding the leadership role they undertook within this module.		Complete elements of the Victorian Water Safety Certificate
Make judgments and use feedback	Moderation	<p>Progression Points</p> <p>This is progressive observation with an overall record of each individual skill at the end.</p>	<p>Progression Points</p> <p>This is progressive observation with an overall record of each individual skill at the end.</p>	<p>Progression Points</p> <p>This is progressive observation with an overall record of each individual skill at the end.</p>	<p>Progression Points</p> <p>This is progressive observation with an overall record of each individual skill at the end.</p>

Year 7 Physical Education: review for balance and coverage of content descriptions.

Knowledge & Understanding – Moving the body				
	1	2	3	4
Use feedback to improve body control and coordination when performing specialised movement skills (VCHPEM133)	*	*	*	*
Compose and perform movement sequences for specific purposes in a variety of contexts (VCHPEM134)	*	*	*	*
Practise, apply and transfer movement concepts and strategies (VCHPEM135)	*	*	*	*
Knowledge & Understanding – Understanding Movement				
Participate in physical activities that develop health-related and skill-related fitness components, and create and monitor personal fitness plans (VCHPEM136)	*			
Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance (VCHPEM137)	*	*	*	*
Participate in and investigate the cultural and historical significance of a range of physical activities (VCHPEM138)	*	*	*	*

Knowledge & Understanding – Learning Through Movement				
	1	2	3	4
Practise and apply personal and social skills when undertaking a range of roles in physical activities (VCHPEM139)	*	*	*	*
Evaluate and justify reasons for decisions and choices of action when solving movement challenges (VCHPEM140)	*	*	*	*
Modify rules and scoring systems to allow for fair play, safety and inclusive participation (VCHPEM141)	*	*	*	*