

Rationale

‘To create a workplace environment where the health and wellbeing of employees is highly valued. Our workplace environment encourages and supports employees to maintain or adopt healthy lifestyles.’

Aim

- To raise awareness within the workplace about issues that impact on health and wellbeing, including the health benefits of physical activity and healthy eating
- To promote a positive and equitable workplace environment where mental health and wellbeing is supported
- To promote and encourage participation in workplace health and wellbeing initiatives within and outside the workplace
- To educate employees about issues relating to health and wellbeing.

Implementation

Kyabram P-12 College will achieve our objectives by:

- Providing all employees with information on how to support and maintain positive mental health in the workplace.
- Encourage employees to become involved in programs which are promoted from time to time.

Communication

- All employees will be made aware of this policy and its provisions via mediums, such as email, staff meetings, and induction.

Evaluation

- An annual review will be conducted by the College Support Group and other stakeholders from the staff of Kyabram P-12 College.
- This policy will be reviewed as part of the school’s three-year review cycle.

RATIFIED BY COLLEGE COUNCIL

School Council President

Date: 10/07/2018

Review Date July 2021