

Rationale:

To ensure there is a safe and secure place for a student to rest when they need.

Sleep is an important part of a student's health and when a child needs rest they can comfortably do so.

Aim:

Outside School Hours Care aims to meet each student's needs for sleep and rest in a safe and caring manner that takes into consideration the preferences and practices of each student's family

Implementation:

A calm space is provided in room and can be set up as required.

- Short books for quiet time
- Pillows / cushions
- Teepees
- Comfortable room temperature
- Ask family/parent if child needs rest
- Relaxation and calm environment
- Supervision

Regulation 81, 103, 105, 110, 115

NQ2 QA2 2.1, 2.1.3

POLICY REVIEW AND APPROVAL

Policy last reviewed	May 2023
Consultation	August 2023 College Council August 2023 College Newsletter
Approved by	College Council
Next scheduled review date	June 2026